

# **LIVE THE DREAM**

8515 Penfield Ave  
Winnetka, CA 91306

Founded in 1987 by Terry Brussel and Brian Gitt  
Based on the philosophy of Family Synergy  
Founded 1971 by Hy Lay and Pat LaFollette



## **UPCOMING EVENTS**

**Saturday November 19** 11 am to 4 pm  
**Finding Poly People/Events/Groups**

**Sunday November 27** 11 am to 12:30pm  
**Thanksgiving Weekend at \*LosCon: Poly Meetpoint**

**Saturday December 17** 11 am to 4 pm  
**Tantric Poly Loving led by Tantrica Deanna Bennett**

**Saturday December 17** 6PM-Midnight  
**LTD WINTER HOLIDAY**

**Saturday December 17** 11 am to 4 pm  
**Freedom & the Free State Project/Politics & Polyamory with Paul Gibbons**

**Memorial to Tantrica Shama Helena (May 23, 1955 - October 28, 2016)**  
**See article below.**

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Note: Items marked with an \* are not Live the Dream events.

*Live the Dream*

*November 2016 to January 2017*

Unless otherwise noted, all events are at 8515 Penfield Ave Winnetka 91306. Group house- home of Terry, Marcus, Will, John, Rita and Lawrence. For all events: RSVP/more info call the LTD Hotline (818) 886-0069

Please visit the Live the Dream website @ [www.livethedream.org](http://www.livethedream.org) to view current events, past articles, etc.

**Live the Dream** is an education and support group for those who, originally inspired by the writings of Robert Heinlein, Robert Rimmer, and Marion Zimmer Bradley, are now ready to LIVE such alternative lifestyles as cooperative living, open relationships, and group marriage. Many of our concepts on multiply committed relationships come from Heinlein's *Stranger in a Strange Land* and *Moon is a Harsh Mistress*. Live the Dream also sponsors a nest of Church of All Worlds, the real life, over fifty year old spiritual movement inspired by *Stranger in a Strange Land*.

Note: Terry Brussel is a Certified Clinical Hypnotherapist, Life Coach, and a 4th generation Matchmaker. We provide poly relationship counseling, hypnotic jealousy release, success coaching and other services. See [www.acesuccess.com](http://www.acesuccess.com) or call (800) LIFE MATES (543-3628) s

## EVENTS

*All Live the Dream events are 11am-4pm on 3<sup>rd</sup> Saturdays 8515 Penfield Ave in Winnetka, Ca. 91306 (unless otherwise specified). New: Donation suggested for parties (not including Passover) and regular day time meetings: Ladies Free with pot luck dish. Gentlemen: nonmembers \$10 Members \$5 Bring something for the pot luck.*

### **Saturday November 19 11 am to 4 pm**

#### **Finding Poly People/Events/Groups Online led by Harold Goldstein**

Learn how to find Poly Meet Ups/Groups, people and events on the internet which suit your particular interests and orientation and may even be in your neighborhood! Bring your laptop to get the most out of this.

Harold will also give us an insider's view of Burning Man from his latest experiences there over Labor Day Weekend Poly Paradise and many other delights...

1 pm Pot luck lunch. Bring something healthy and delicious to share.

2-4 pm Hot tubbing and socializing.

### **Sunday Nov 27 11 am Thanksgiving Weekend**

#### **Poly Meet Point at \*LosCon at the LAX Marriott Hotel**

Los Angeles Airport Marriott | Nov. 25-27, 2016



Were you inspired by the Line Marriage from *MOON IS A HARSH MISTRESS*, warmed by the Nest in *STRANGER IN A STRANGE LAND*, fascinated by the even more unusual group marriages/empathic groupings in Spider Robinson's *STAR DANCE* and *CALAHAN* stories? Dreams can come true...This get-together is for those already into multiply committed relationships and those who want to learn more about them. People like us do not only exist in SF books! Come meet some kindred spirits. We'll share our experiences in real triads, group houses, open marriages, etc. LOCATION: Ask **hotel registration** desk for the room number of Live the Dream (or Terry Brussel) or call LTD Hot Line at 818-886-0069 for more info. For convention info go to [www.loscon.org](http://www.loscon.org)

## **Saturday December 17 11am - 4pm**

### **Tantric Poly Loving led by Tantrica Deanna Bennett**

Discover or go deeper into sacred sexuality. Find out how it can bring more joy to your love life whether than includes one lover or many. Some of the exercises will be done in our clothing optional hot tub. This is going to be special!

1 pm Pot luck lunch. Bring something healthy and delicious to share.  
2-4 pm Hot tubbing and socializing.

More info in next newsletter.

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## **6PM Evening of December 17 is**

### **LTD WINTER HOLIDAY PARTY**



Latkes (provided by Live the Dream, along with Apple Sauce and Sour Cream), songs about the Maccabees, dreidels, lighted up Christmas miniature houses, and a Winter Solstice ritual. We'll light the Hanukkah Menorah, though Hanukkah does not start until 12-26-16. Did we forget a ritual important to you? Tell us and we'll add it...  
(Crash space available by arrangement when you RSVP)



**Bring stories/songs/poetry to share**

**Your favorite holiday dish for pot luck supper—(big enough for 10 to share.),  
Wrapped science fiction, fantasy or magikal gift (\$5-\$10) for GIFT EXCHANGE.**

Children welcome 6-9 pm only. Children bring child gifts to exchange with each other. Sharing our holidays is part of what weaves the bonds of Family in a group like ours. Understanding what is important to each of us during this festive season and how we celebrate it is a way to grow closer and delight in our diversity.

**8 pm Winter Solstice Ritual.**

**Clothing optional Jacuzzi (with holiday music playing inside it!) available all afternoon and evening—bring sandals and towels.**

**New:** Donation suggested for parties (not including Passover) and regular day time meetings: ***Ladies Free*** with pot luck dish. Gentlemen: nonmembers \$10 Members \$5 Bring something for the pot luck. For those that will be doing both Meeting & Party on same day: Add \$5 for members \$10 for nonmembers. Please bring a separate dish for each potluck!

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**Saturday January 21 , 11 am to 4 pm**

**Freedom and the Free State Project/Politics and Polyamory with Paul Gibbons**

Monogamy and monopoly have a few things in common. We call it the 'unified field theory' of interpersonal relationships. Once we start realizing that voluntarism and respect are universal standards to be applied to all human (sentient) relationships, from global (or even intergalactic!) to the intimate, we will stop creating the thorny problems we are currently facing such as jealousy as an accepted reality, wars which do not solve anything, getting taxed out of business, and victimless crimes filling our prisons. The introduction of arbitrary rules such as 'we need taxes to do good works' or 'you should be upset at your lover for being 'unfaithful' to you' that conflicts with the principles of respect, non-aggression and your own conscience will create conflict within you and conflict in your love relationships. Let's discover how to move from conflict to Freedom to JOY!

Movie screening after the meeting: Atlas Shrugged or Freedom to Fascism, open to other suggestions.

Pot luck Lunch 1 pm

Afternoon activity: Socializing & Hot tub. Bring Towel and sandals

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**Memorial to Tantrica Shama Helena May 23, 1955 to October 28, 2016**

**By Terry Lee Brussel**

Shama was a Tantrica—a teacher of Sacred Sexuality. She taught Love in many forms including Polyamory, her own choice of lifestyle. She did workshops on the topic through Meet Up, Live the Dream gatherings, and at many poly oriented conventions. She wrote the Poly 101 primer.

Shama was a leader in the Tantric Community. She was also part of an intimate network of Tantra trained friends and lovers based in San Diego for many years.

Shama had a deep and caring relationship with her daughter, Tory, which was that of Friends as well as mother and daughter—a relationship which could serve as a model to all Mothers and Daughters.

For the last couple of years of her life, she was in an open marriage with David Beal which managed to be a delight to both of them even though they knew from the start of their relationship that her cancer was likely to end it in a brief time as the calendar counts such things. They both fought hard to extend the time she had through the use of natural foods and spiritual therapies to defeat that cancer.

Shama Helena was my dear friend for fourteen years. It started with her coming to our booth at Life Styles and signing up with Marcus (then in a triad with my husband Paul and I) for more information on Hypnosis and Coaching. Marcus brought her to me telling both of us we had to meet each other. We connected as friends immediately and the connection grew stronger over the years. We exchanged services-- my Seven Key Turn Key System for Building a Successful Hypnotherapy, (Coaching or Healing) Practice for Tantra lessons for

myself and my husband Paul. When we came to her, she taught us how to breath together, share consciousness and multiple orgasms, empathy and each other's souls. We use some of those exercises to this day when we make love. Shama channeled the Goddess. We could feel it whenever we entered her healing room. Later, we learned the difference between Shama as Goddess and Shama as friend and water brother. In any persona, she was warm and good. Shama was there for me during the different relationships I experienced after Paul and I separated as husband and wife; before Marcus and I made a primary commitment to each other. I gave her hypnosis sessions and she gave me tantra lessons with the partners I became serious with as well as Goddess massages for myself and other wonderful things of which she was capable between such relationships. I will never forget her exercise in ending a relationship with appreciation of what each of you had brought to that relationship and to each other's lives. It took one relationship from a nasty break up to a realization that while we could not live together, we had given Value to each other during our time together, given each other treasures which would last a life time though the relationship did not. I introduced Shama to David when we came together for lessons in Tantra. Before getting deeply involved with him, she made sure I would not feel hurt or betrayed. I let her know that their relationship had my full support. When they were together, I could see that what they had was quite different from what David and I had shared as lovers, precious as that was to me. I let her know that. The JOY they shared shined like a beacon showing all who were close to them (as well as perceptive strangers) what Love could mean. I am very glad they had each other for what time they did. It was the best relationship either of them ever had with any romantic partner. David's presence in Shama's life kept her alive and joyous for far longer than she would have been otherwise. His generous and loving care of her was a blessing for both of them.

Shama was a blessing to all who knew her. May we all continue to feel her loving spiritual presence in our lives and to benefit from all she taught us in lessons and in life by being WHO she was...

She made a difference in the lives of all whom she Touched...**In the Light.**

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## Science Fiction Entry into Alternative Lifestyles

Why would science fiction provide inspiration for trying different kinds of love styles? One reason is that all the times and worlds available to science fiction writers allow the exploration of relationship options which are very different from the current norm in our society. While it is possible to find any number of different ways of creating love connections and building families represented in other cultures/countries as studied by anthropologists in the "real" world, science fiction has far fewer limits. Heinlein's books from *Stranger in a Strange Land* through *To Sail Beyond the Sunset* provide example of triads, line (multi generational) group marriages and open relationships of all kinds. Spider Robinson has open relationships, telepathically connected friends and lovers—even an intimate network in a high class brothel. Some of Robert Rimmer's books take place in future times which could certainly

be regarded as science fiction and have themes like couple meets couple, they fall in love and get married. Marion Zimmer Bradley's Darkover series presents us with a group marriage of two couples, married men who have concubines, a bi man (king of that world's humans) who continues his committed relationship with a male lover while enjoying a happy marriage with his wife as well as mixed marriages of human and alien resulting in children with unusual psychic abilities. People who read science fiction are willing to consider relationship options others might never think of and to have philosophies backing their lifestyles decisions rather than just letting it happen to them. That is very important to me in a partner. So is the fact that science fiction readers are not mentally trapped in the box of our current world. They enjoy much wider boundaries of reality...

There many other entries into polyamory. These include people who are just "born" without the jealousy part. Maybe because they were never shown it or taught that it was ok. There are those who get into this lifestyle because someone they love is poly—perhaps discovering it after they have been married or started a committed relationship with that person. That can work if the person discovers they too are poly or if they simply find they can handle their partner having other relationships whether they choose to or not. I knew a couple who stayed in that kind of marriage for 20 years until one of them died. It **does not** work if the other partner is not poly and feels forced into tolerating it from a husband or wife. If the fact that someone is poly is shared on a first or second date, I regard that as something else. It is a choice at that point being made by one who is not in a position of being forced to choose between someone they love and the monogamy they have grown up with. In this case it is just one way a person can realize they themselves are poly. Another entry into polyamory is falling in love with two people at the same time by accident, choosing not to drop either of them and being lucky enough to have them agree to this solution. Still another is two people falling in love with one person and choosing to share that person as my own partner Marcus did in his first triad. Marcus chose to share his wife with his best friend just out of high school. It lasted a year and the children (both Marcus') counted both of them as their father well into adulthood. His second triad with Paul and I lasted five years as triad with all involved well aware of what polyamory was and clearly identifying as poly. It has lasted to this day as a couple of nights every month or two though Paul now spends much of his time in a committed relationship with a lady who lives in Phoenix while Marcus and I have a primary relationship with each other. All of us are deeply into science fiction as well as science fiction fandom.

Live the Dream accepts those who have entered polyamory through many doors, but caters to those who were originally inspired by the writings (and philosophies) of science fiction particularly those of Robert A. Heinlein and Marion Zimmer Bradley. Robert Rimmer's writing would be classed as speculative fiction and not quite science fiction (though some see no difference between these terms), with his *Harrad Experiment* being of a near future.

**Science Fiction/Fantasy Fans Welcome Here!**

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If you have a subject you would like to present, a topic you would like to suggest for a future meeting or if you have a poly story or question to share or publication to add here please call us at 818-886-0069 or send/E-Mail it to 8515 Penfield Ave. Winnetka, Ca. 91306. E-Mail address is [newsletter@livethedream.org](mailto:newsletter@livethedream.org). We will take it with your solution or brain storm and give it one or more of our own. Let's have fun with this and learn from each other.

*Do you have poly news that you wish to share?*

*E-Mail us at [terry\\_bg@msn.com](mailto:terry_bg@msn.com) or call us at (818) 886-0069*

*Tell your Poly-curious friends to look us up at [www.livethedream.org](http://www.livethedream.org)*

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## Meet Ups & Other Group Events

First Saturday of every month is Deborah's meet up at Fuddruckers  
221 N. San Fernando Blvd in Burbank at 8 pm. It's a dinner and socializing meeting.

Go to [www.meetup.com/SoCal-Polyamory](http://www.meetup.com/SoCal-Polyamory) for more info on this meeting

Also check out [www.meetup.com/Polyglamorous](http://www.meetup.com/Polyglamorous) & <http://www.meetup.com/loving-more>  
and other SoCal poly groups (IE, OC & SD all have groups too!)

The Southern California Naturist Association Meetup <http://www.meetup.com/nature-519>

Host monthly Beach parties at Bates Beach all summer! Largest Non-landed clothing optional club in California

Other Poly info:

[www.lovemore.com](http://www.lovemore.com)

[www.polyevents.blogspot.com](http://www.polyevents.blogspot.com)

<http://openingup.net/resources/local-organizations-u-s/>

Other groups friendly to Polyamory

KARL HESS CLUB [www.karlhessclub.org](http://www.karlhessclub.org)

meets on the 3<sup>rd</sup> Monday at [Dinah's Family Restaurant](#), 6521 Sepulveda Blvd. (at Centinela), Culver City.

Phone: (310) 645-0456 in West L.A.

Burning Man Festival August 28-September 5 2016 for details [www.burningman.com](http://www.burningman.com)

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## DIRECTIONS TO THE PENFIELD HOUSE

From the 118 going east, get off at De Soto Avenue, head South on De Soto to Parthenia, head East on Parthenia, head South on Winnetka, head East on Chase one block and head North on Penfield to 8515.

From the 118 going west, get off at Tampa Avenue, head South on Tampa to Parthenia, head West on Parthenia, head South on Winnetka, head East on Chase (one block), head North on Penfield.

From the 101, get off at Winnetka Avenue, head North on Winnetka Avenue to Chase (next signal North of Roscoe). Head East on Chase Street one block turn left on Penfield Avenue.

**We are the big blue house on the left hand side of the street; first house on Penfield north of Chase Street.  
Number 8515**

For Google instructions, go to:

<http://maps.google.com/maps?q=8515+Penfield+Ave,+Winnetka,+CA+91306,+USA&sa=X&oi=map&ct=ti>

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**LTD DUES** ARE \$25.00 PER YEAR FOR ONE PERSON, \$40 FOR A COUPLE, \$10 EACH FOR ADDITIONAL PERSON(S) IN THE SAME HOUSE. DOUBLE THAT FOR FREE ATTENDANCE AT ALL REGULAR DAY TIME 3<sup>RD</sup> SATURDAY MEETINGS. TO BECOME A MEMBER OR TO RENEW YOUR MEMBERSHIP, PLEASE COMPLETE THE FOLLOWING FORM AND EITHER E-MAIL OR SNAIL MAIL IT TO THE ADDRESS LISTED BELOW. An E-Mail NEWSLETTER SUBSCRIPTION ONLY IS AVAILABLE FOR FREE. JUST BE SURE TO PROVIDE US WITH YOUR E-Mail ADDRESS. REGULAR MEETINGS ARE \$5.00 WITH YOUR CURRENTLY PAID MEMBERSHIP CARD (FAMILY SYNERGY OR LIVE THE DREAM) WITHOUT MEMBERSHIP MEETINGS ARE \$8.00.

	<b>Membership Type</b>	<b>Single</b>	<b>Couple/Family</b>
<input type="checkbox"/>	Full LTD Membership Includes Newsletter & Membership Card	\$25	\$40 (\$10 FOR EACH EXTRA PERSON AT SAME ADDRESS)
<input type="checkbox"/>	Email Newsletter Only	NO CHARGE	NO CHARGE

*Make checks payable to Success Center*      **Total: \$** \_\_\_\_\_

**Membership Information**      *Help Support the Lifestyle you live!*

**Name:** \_\_\_\_\_

**Age:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_

**State:** \_\_\_\_\_      **Zip:** \_\_\_\_\_

**Phone:** \_\_\_\_\_

**E-Mail:** \_\_\_\_\_

Single     Married     Attached     Unattached    Amount Enclosed \$ \_\_\_\_\_

*Name(s) of Mate/Family to be included in this membership if APPLICABLE:*

\_\_\_\_\_

**FAX OR Mail to: FAX#1-818-882-8512 – 8515 Penfield, Winnetka, CA 91306**

I am willing to volunteer:     Time     Meeting Space

I could lead a meeting or activity, proposal enclosed

I am interested in     Science Fiction     Pagan     Libertarian     \_\_\_\_\_ Oriented Programs

**I am interested in Co-operative Living:**     Yes     No

**I have space for others:**     No     Yes (Location & Phone \_\_\_\_\_)

**I am willing to relocate**     Yes     No