

# **LIVE THE DREAM**

8515 Penfield Ave  
Winnetka, CA 91306

Founded in 1987 by Terry Brussel and Brian Gitt  
Based on the philosophy of Family Synergy  
Founded 1971 by Hy Lay and Pat LaFollette



## **UPCOMING EVENTS**

**Saturday December 17** **11 am to 4 pm**  
**Tantric Poly Loving led by Tantrica Deanna Bennett**  
**Includes: Memorial to Tantrica Shama Helena (5-23-1955 to 10-28-2016)**

**Saturday December 17** **6PM-Midnight**  
**LTD WINTER HOLIDAY PARTY**

**Saturday January 21** **11 am to 4 pm**  
**Freedom & Free State Project: Politics & Polyamory w/ Paul Gibbons**

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Note: Items marked with an \* are not Live the Dream events.

*Live the Dream*

*November 2016 to January 2017*

Unless otherwise noted, all events are at 8515 Penfield Ave Winnetka 91306. Group house- home of Terry, Marcus, Will, John, Rita and Lawrence. For all events: RSVP/more info call the LTD Hotline (818) 886-0069

Please visit the Live the Dream website @ [www.livethedream.org](http://www.livethedream.org) to view current events, past articles, etc.

**Live the Dream** is an education and support group for those who, originally inspired by the writings of Robert Heinlein, Robert Rimmer, and Marion Zimmer Bradley, are now ready to LIVE such alternative lifestyles as cooperative living, open relationships, and group marriage. Many of our concepts on multiply committed relationships come from Heinlein's *Stranger in a Strange Land* and *Moon is a Harsh Mistress*. Live the Dream also sponsors a nest of Church of All Worlds, the real life, over fifty year old spiritual movement inspired by *Stranger in a Strange Land*.

Note: Terry Brussel is a Certified Clinical Hypnotherapist, Life Coach, and a 4th generation Matchmaker. We provide poly relationship counseling, hypnotic jealousy release, success coaching and other services. See [www.acesuccess.com](http://www.acesuccess.com) or call (800) LIFE MATES (543-3628) s.

## EVENTS

*All Live the Dream events are 11am-4pm on 3<sup>rd</sup> Saturdays 8515 Penfield Ave in Winnetka, Ca. 91306 (unless otherwise specified). New: Donation suggested for parties (not including Passover) and regular day time meetings: Ladies Free with pot luck dish. Gentlemen: nonmembers \$10 Members \$5. Do bring something for pot luck.*

**Saturday December 17 11am - 4pm**

**Tantric Poly Loving led by Tantrica Deanna Bennett**

Discover or go deeper into sacred sexuality. Find out how it can bring more joy to your love life whether that includes one lover or many. Some of the exercises will be done in our clothing optional hot tub. This is going to be special!

As Deanna states: "Treat yourself to a warm loving embrace by a mature sacred sexuality tantra guide. Explore & Play with Energy Mastery, Magnetic/Tantric Touch, & Whole Body Healing w/me. Touch is critical to overall health, happiness, and sexy well being & I LOVE to touch."

1 pm Pot luck lunch. Bring something healthy and delicious to share.  
2-4 pm Hot tubbing and socializing.

We will be doing a short memorial to Tantrica Shama Helena(5-23-1955 to 10-28-2016) during the day. See full memorial article on her life in the November Newsletter.

## 6PM Evening of December 17 **LTD WINTER HOLIDAY PARTY**

Latkes (provided by Live the Dream, along with Apple Sauce and Sour Cream), songs about the Maccabees, dreidels, lighted up Christmas miniature houses, and a Winter Solstice ritual. We'll light the Hanukkah Menorah, though Hanukkah does not start until 12-26-16. Did we forget a ritual important to you? Tell us and we'll add it...  
(Crash space available by arrangement when you RSVP)



**Bring stories/songs/poetry to share**

**Your favorite holiday dish for pot luck supper—(big enough for 10 to share.),**

**Wrapped science fiction, fantasy or magikal gift (\$5-\$10) for GIFT EXCHANGE.**

Children welcome 6-9 pm only. Children bring child gifts to exchange with each other. Sharing our holidays is part of what weaves the bonds of Family in a group like ours. Understanding what is important to each of us during this festive season and how we celebrate it is a way to grow closer and delight in our diversity.

8 pm Winter Solstice Ritual led by Our High Priestess Ealswythe.

Clothing optional Jacuzzi (with holiday music playing inside it!) available all afternoon and evening—bring sandals and towels.

**New:** Donation suggested for parties (not including Passover) and regular day time meetings: Ladies Free with pot luck dish. Gentlemen: nonmembers \$10 Members \$5 Bring something for the pot luck. For those that will be doing both Meeting & Party on same day: Add \$5 for members \$10 for nonmembers. Please bring a separate dish for each potluck!

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## Saturday January 21 , 11 am to 4 pm

### **Freedom and the Free State Project/Politics and Polyamory with Paul Gibbons**

Monogamy and monopoly have a few things in common. We call it the 'unified field theory' of interpersonal relationships. Once we start realizing that voluntarism and respect are universal standards to be applied to all human (sentient) relationships, from global (or even intergalactic!) to the intimate, we will stop creating the thorny problems we are currently facing such as jealousy as an accepted reality, wars which do not solve anything, getting taxed out of business, and victimless crimes filling our prisons. The introduction of arbitrary rules such as 'we need taxes to do good works' or 'you should be upset at your lover for being 'unfaithful' to you' that conflicts with the principles of respect, non-aggression and your own conscience will create conflict within you and conflict in your love relationships. Let's discover how to move from conflict to Freedom to JOY! Read Heinlein's *the Moon is a Harsh Mistress* (can be called the Libertarian Manifesto!) to see this (Paul's) Philosophy put in practical & functional terms!

Pot luck Lunch 1 pm

Afternoon activity: Socializing & Hot tub. Bring Towel and sandals. Movie screening after the meeting: Atlas Shrugged or Freedom to Fascism, open to other suggestions.

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## POLY-TANTRA: POLYAMORY & TANTRA, A POTENT MIX

by Janet Kira Lessin

(from her web site: <http://schooloftantra.net/articles/Polyamory/Poly-Tantra.htm>)

Poly-Tantra combines the best of tantra and polyamory. While polyamory and tantra are paths that each may be practiced by themselves, they go together like two peas in pod.

Tantra, also known as sacred sexuality, is an ancient high art form that means "weave". With tantra you learn to master and weave energy in yourself and between you and your lovers. You connect deeper with your lovers. You feel your oneness with them and the world. The ability to weave energy between beloveds can prove to be essential when you decide to move beyond dyadic relating and practice polyamory.

In polyamory--loving more than one person in an honest and intimate relationship--you balance energy between two or among more than two lovers--a delicate dance. You embrace two or more people in your heart and keep them in your consciousness lest they feel left-out, hurt, abandoned. We're all psychic and can feel it if we're not primary in someone's awareness. You nurture and support the Inner Children within each of your partners.

The Inner Child, the part of each of us who longs for and experiences deep, intimate connections, meets other people Inner Child to Inner Child, when you feel safe to be vulnerable. To make poly work, tune into, let yourself care about your lovers' Inner Children; reveal your own Inner Child to them. . Ever notice how a child can play happily outside, unaffected when Mother's busy inside washing dishes? When Mom's keeping one eye on her child, the child seems content. But the moment the phone rings and Mom shifts her attention to her friend on the phone, the child becomes aware that Mom's shifted her focus, and the child runs in the house demanding Mom's attention. A similar thing happens in polyamory when you shift focus away from one lover onto another. So you need to be energetically sensitive when practicing polyamory so your lovers feel supported by your consciousness. Develop ways to stay connected with all your lovers.

Polyamory can be practiced in groups or you may encounter each of your lovers one at a time. Sometimes group love, sometimes one-on-one loving serves you best. Employ tantra and you can send energy and our each of your lovers and they can feel you whether or not you and each of them are present in the physical space at the time you or they make love.

When you're alone with one poly partner and apart from your other poly partner(s), you can be totally present with the one before you, while simultaneously sending love to those who are not. When you're with one lover, phone your other lovers, the ones physically absent. Or speak of your experience as soon as possible with your absent lovers. Especially share the love you felt for them, even though they were absent while you made love with your other lover(s).

Polyamorous sexual loving in groups can be an interesting study in your humanity. Your actual experience up close and personal when your lovers love another people may differ from what you imagined you'd feel. Some feel joy when watching their lovers love one another. They feel empathy and total delight for what their lovers are experiencing. They feel compersion. Their lover's joy is their own joy. They move into a total empathetic bond with their lovers, almost like a divine spiritual connection of oneness even though they may not actually be feeling the physical connection themselves.

# Pagan Winter Solstice Rituals

December may be marked by Christmas, Hanukkah and Kwanzaa, but for Pagans it's the time to celebrate [Yule](#). The holiday marks the winter solstice in the Northern Hemisphere (this year Sunday, Dec. 21) and celebrates the rebirth of the sun and beginning of winter. It is one of the oldest winter celebrations known. The winter solstice is the longest night and shortest day of the year. The Earth's axis tilts the furthest away from the sun at 23-and-a-half degrees, giving all locations north of the equator less than 12 hours of daylight. This moment has been marked by mankind for centuries.

## The Society for Sacred Sexuality announces its annual Winter Solstice Celebration & Sacred Sex Ritual in the tradition of ancient sacred sex societies.

The ancient sacred sex societies celebrated the Winter Solstice as a time of stillness and tranquility, when nature reaches its deepest slumber and the sun descends to its lowest path in the sky. Winter Solstice is the shortest day of the year. Many honored the day with a sacred sex ritual to attune to the deep silent peace of nature.

Sacred sex, like the seasons, moves in cycles. Each season represents a different value of fullness of the wave of sacred sex ecstasy. Winter represents the deep transcendental bliss of sacred sex. It is the time to fully sink into the wave of sacred orgasm, and fathom its depths. In that stillness of Being you rediscover your true Self, and emerge revitalized and rejuvenated to start anew. The Society for Sacred Sexuality celebrates this inner Sacred Union with its annual event.

Solstice Day, the time when the sun is in transition between its southerly & northerly course in the sky, is an ideal day for sacred sex practice. This time of transition in nature is highly conducive to transitioning out of everyday awareness and into a state of Sacred Sex Union.

Solstice Day is also a day of perfect balance, when the sun descends to its lowest path in the sky, and seemingly pauses before reversing on its ascending journey. This makes Solstice Day ideal for enjoying the balanced state of Sacred Sex Union.

The below (<http://www.mysticmamma.com/winter-solstice-ritual-ideas-celebrations/>) contains some interesting ideas which you may want to use at home. Our High Priestess **Ealswythe** will be putting together her own unique ritual combining Spirit with Healing and Pageantry-- always a delightful surprise. If you missed her excellent Samhain ritual, don't miss this one!

### Solstice Blessings!

Like our ancestors have done from the beginning of time, we honor the cycles and the seasons that remind us of the ever-changing flow of life that we are a part of!

Ritual acts give life meaning. They also honor and acknowledge the unseen web of Life that connects us all.

If you don't have a community that provides this, don't be afraid to create your own and reclaim your connection to the source of all life.

A simple act done with intention in your heart is enough.

Here are some fun Winter Solstice ritual ideas to commemorate this pivotal moment in time as we venture inward to kindle our inner fire!



## >>> SOLSTICE LANTERNS <<<



Consider not using any artificial light for the entire day and welcome in the darkness by lighting your Solstice lanterns!

Get a jar and decorate by gluing on bits of gold and yellow tissue paper, then use some wire to make a handle. Make many of these and put them all around your house...



## >>> CANDLELIGHT CEREMONY <<<

This is a nice ritual you can do with friends or family.

You begin by placing on a table, one large unlit candle and various smaller unlit candles for each person present.

Turn off all the lights and spend a moment in darkness, remembering and honoring the Sun's light.

Then whomever is leading, can light the main big candle and offer a blessing.

After that each can come and light their candle from the main flame and all candles can be placed in a circle or spiral around the main one.

Once all candles are lit, a song, blessing or "Happy Solstice" can be offered in unison.



## >>> BELL RINGING CEREMONY <<<

Love this group ceremony idea from [The Circle Sanctuary](#):

"This can take a simple form of the family ringing bells together at the moment of Solstice, or it can be a circle ceremony in and of itself.."

"Each family member chooses a bell to ring. Bells can be of varying sizes and types, but should blend well with each other when rung together. Brass bells and/or jingle bells are commonly available and have long time associations with the season.

"For a bell ringing Solstice Circle, the family gathers together in a circle. Each has a bell in hand to ring. Parent(s) or some other family member serves as facilitator(s). She/he begins by saying a few words about the Solstice being the start of the new solar year and how the calendar year used today in many places around the world was structured on the solar year.

"The facilitator then describes how bells have been rung in connection with many types of celebrations. Bells have been rung at this time of year to ring out the old year and to ring in the new year. Then the facilitator invites the family to celebrate the Solstice with bells.

"If the family is used to honoring the directions as part of spiritual practice (Wiccan, Native American, Buddhist, Hermetic, etc.), the family begins by facing each of the compass points (North, East, South, West) and ringing the bells in unison, honoring connections with each sacred direction. Then the family rings bells in the three directions connected with the center: upward, the place of the cosmos; downward, the place of the planet; and center; Divine unity.

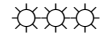
"In place of or in addition to individual direction honoring, the family rings all their bells together to celebrate their connection with each other as a family; then they ring them in unison again to celebrate their connection with the cycles of Nature; and then they ring them a third time in unison to celebrate their connection with life on planet Earth and all of Nature.







“Then from the oldest to the youngest, each family member speaks a vision or wish for the planet for the coming year. After each one speaks, all ring bells together to affirm that vision/wish. After all have shared, the ceremony ends as the family calls out ‘Happy Solstice’ three times and rings bells.”



>>>FIRE RELEASING CEREMONY<<<

This can be done as a personal ceremony or with a group. Begin by giving out small pieces of paper and pencils so each can write down what they want to release.

When all have written down what they wish to release, all can gather around a fire, and each can in turn come to the fire and throw their paper in.

After all have gone, you seal the ritual by all banging on drums, using shakers and voices to seal it with a celebratory howl!

Whatever you choose to do, whether pausing in quiet reflection, or celebrating with loved ones, know that all over our planet, we are joining in Spirit doing the same!

Blessed be our Unity in Diversity of all our unique expressions!

Solstice Blessings to us all!!

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If you have a subject you would like to present, a topic you would like to suggest for a future meeting or if you have a poly story or question to share or publication to add here please call us at 818-886-0069 or send/E-Mail it to 8515 Penfield Ave. Winnetka, Ca. 91306. E-Mail address is [newsletter@livethedream.org](mailto:newsletter@livethedream.org). We will take it with your solution or brain storm and give it one or more of our own. Let's have fun with this and learn from each other.

*Do you have poly news that you wish to share?*

*E-Mail us at [terry\\_bg@msn.com](mailto:terry_bg@msn.com) or call us at (818) 886-0069*

*Tell your Poly-curious friends to look us up at [www.livethedream.org](http://www.livethedream.org)*

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## Meet Ups & Other Group Events

First Saturday of every month is Deborah's meet up at Fuddruckers  
221 N. San Fernando Blvd in Burbank at 8 pm. It's a dinner and socializing meeting.

Go to [www.meetup.com/SoCal-Polyamory](http://www.meetup.com/SoCal-Polyamory) for more info on this meeting

Also check out [www.meetup.com/Polyglamorous](http://www.meetup.com/Polyglamorous) & <http://www.meetup.com/loving-more>  
and other SoCal poly groups (IE, OC & SD all have groups too!)

The Southern California Naturist Association Meetup <http://www.meetup.com/nature-519>

Host monthly Beach parties at Bates Beach all summer! Largest Non-landed clothing optional club in California

Other Poly info:

[www.lovemore.com](http://www.lovemore.com)

[www.polyevents.blogspot.com](http://www.polyevents.blogspot.com)

<http://openingup.net/resources/local-organizations-u-s/>

Other groups friendly to Polyamory

KARL HESS CLUB [www.karlhessclub.org](http://www.karlhessclub.org)

meets on the 3<sup>rd</sup> Monday at [Dinah's Family Restaurant](#), 6521 Sepulveda Blvd. (at Centinela), Culver City.

Phone: (310) 645-0456 in West L.A.

Burning Man Festival August 28-September 5 2016 for details [www.burningman.com](http://www.burningman.com)

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**LTD DUES** ARE \$25.00 PER YEAR FOR ONE PERSON, \$40 FOR A COUPLE, \$10 EACH FOR ADDITIONAL PERSON(S) IN THE SAME HOUSE. DOUBLE THAT FOR FREE ATTENDANCE AT ALL REGULAR DAY TIME 3<sup>RD</sup> SATURDAY MEETINGS. TO BECOME A MEMBER OR TO RENEW YOUR MEMBERSHIP, PLEASE COMPLETE THE FOLLOWING FORM AND EITHER E-MAIL OR SNAIL MAIL IT TO THE ADDRESS LISTED BELOW. An E-Mail NEWSLETTER SUBSCRIPTION ONLY IS AVAILABLE FOR FREE. JUST BE SURE TO PROVIDE US WITH YOUR E-Mail ADDRESS. REGULAR MEETINGS ARE \$5.00 WITH YOUR CURRENTLY PAID MEMBERSHIP CARD (FAMILY SYNERGY OR LIVE THE DREAM) WITHOUT MEMBERSHIP MEETINGS ARE \$8.00.

	<b>Membership Type</b>	<b>Single</b>	<b>Couple/Family</b>
<input type="checkbox"/>	Full LTD Membership Includes Newsletter & Membership Card	\$25	\$40 (\$10 FOR EACH EXTRA PERSON AT SAME ADDRESS)
<input type="checkbox"/>	Email Newsletter Only	NO CHARGE	NO CHARGE

*Make checks payable to Success Center*      **Total: \$ \_\_\_\_\_**

**Membership Information**      *Help Support the Lifestyle you live!*

**Name:** \_\_\_\_\_

**Age:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_

**State:** \_\_\_\_\_      **Zip:** \_\_\_\_\_

**Phone:** \_\_\_\_\_

**E-Mail:** \_\_\_\_\_

Single     Married     Attached     Unattached    Amount Enclosed \$ \_\_\_\_\_

*Name(s) of Mate/Family to be included in this membership if APPLICABLE:*

\_\_\_\_\_

**FAX OR Mail to: FAX#1-818-882-8512 – 8515 Penfield, Winnetka, CA 91306**

I am willing to volunteer:     Time     Meeting Space

I could lead a meeting or activity, proposal enclosed

I am interested in     Science Fiction     Pagan     Libertarian     \_\_\_\_\_ Oriented Programs

**I am interested in Co-operative Living:**     Yes     No

**I have space for others:**     No     Yes (Location & Phone \_\_\_\_\_)

**I am willing to relocate**     Yes     No

**DIRECTIONS TO THE PENFIELD HOUSE**

From the 118 going east, get off at De Soto Avenue, head South on De Soto to Parthenia, head East on Parthenia, head South on Winnetka, head East on Chase one block and head North on Penfield to 8515.

From the 118 going west, get off at Tampa Avenue, head South on Tampa to Parthenia, head West on Parthenia, head South on Winnetka, head East on Chase (one block), head North on Penfield.

From the 101, get off at Winnetka Avenue, head North on Winnetka Avenue to Chase (next signal North of Roscoe). Head East on Chase Street one block turn left on Penfield Avenue.

**We are the big blue house on the left hand side of the street; first house on Penfield north of Chase Street. Number 8515**

**For Google instructions, go to: <http://maps.google.com/maps?q=8515+Penfield+Ave,+Winnetka,+CA+91306,+USA&sa=X&oi=map&ct=ti>**