

Live the Dream

February 2017 to March 2017

Unless otherwise noted, all events are at 8515 Penfield Ave Winnetka 91306. Group house- home of Terry, Marcus, Will, John, Rita and Lawrence. For all events: RSVP/more info call the LTD Hotline (818) 886-0069
Please visit the Live the Dream website @ www.livethedream.org to view current events, past articles, etc.

Live the Dream is an education and support group for those who, originally inspired by the writings of Robert Heinlein, Robert Rimmer, and Marion Zimmer Bradley, are now ready to LIVE such alternative lifestyles as cooperative living, open relationships, and group marriage. Many of our concepts on multiply committed relationships come from Heinlein's *Stranger in a Strange Land* and *Moon is a Harsh Mistress*. Live the Dream also sponsors a nest of Church of All Worlds, the real life, over fifty year old spiritual movement inspired by *Stranger in a Strange Land*.

Note: Terry Brussel is a Certified Clinical Hypnotherapist, Life Coach, and a 4th generation Matchmaker. We provide poly relationship counseling, hypnotic jealousy release, success coaching and other services. See www.acesuccess.com or call (800) LIFE MATES (543-3628) s.

EVENTS

All Live the Dream events are 11am-4pm on 3rd Saturdays 8515 Penfield Ave in Winnetka, Ca. 91306 (unless otherwise specified). New: Donation suggested for parties (not including Passover) and regular day time meetings: Ladies Free with pot luck dish. Gentlemen: nonmembers \$10 Members \$5 Bring something for the pot luck.

Saturday February 18 | 11 am to 4 pm

Valentine's Day with Friends and Lovers

Led by Terry Lee Brussel (4th generation matchmaker and director of Marriage Minded Introductions for most of 40 years) and her handfasted partner Marcus Brussel-Jenkins

Both Terry and Marcus have been involved in Polyamory all their adult lives.

Are you a single man or woman looking for a primary partner with whom to form an open committed relationship? How is this different from looking as a monogamous person? Are

you a couple looking for a delightful single, couple or moresome to join in your lives for anything from a date to a lifetime? What kind of partner(s) would bring you the greatest happiness? How do you choose and attract them? Learn to use poly meet ups, the internet, matchmakers and other ways to meet your Right One(s). You'll



get answers to these questions along with male and female view points of two people who used these methods and are no longer alone.

Discussion climaxes in a Hypnotic Love Magnet Guided Meditation for drawing your Special Someone(s) into your life. All in attendance will be gifted with the Attract Your Special Someone(s) Hypnotic recording to take home with you.

Tribal feast at 1 pm. Bring delicious finger foods to feed each other.

2-3:30 pm Sensitivity exercises verbal and non verbal for growing closer

3:30 to 5 Afternoon activity: Group massage and Socializing in the Hot tub



***Friday, February 10th 6-7**

Meet Your Parallel Selves at Conscious Life Expo at the LAX Hilton Hotel Room: Century A. Come see Terry do one of her presentations!

Free with Friday Day Pass or go to www.consciouslifeexpo.com for more details on the Expo or to http://consciouslifeexpo.com/-2017-lectures/terry_lee_brussel.html for the direct writeup on Terry's presentation.

Have you ever wondered what your life would have been like if you had made different choices at certain most important moments on your personal path? Terry Lee Brussel CHT discusses the parallel selves who are, even now, living the lives resulting from those different choices.

What if at each such choice point we create an alternate reality which actually exists from that time forth? A reality which most of us are entirely unaware? I believe that we do create such alternate selves in very different realities many times in our lives. I have followed in my awareness some of my alternate selves over several years, watching some of them grow, change and become versions of myself whom I scarcely recognize while others are living their lives in ways very similar to my own. It has helped me to learn more about who I am and what makes me that way. In recent years, I have developed the ability to see the possible results of different choices at the time I am actually making them. This particular psychic ability has saved me from making some serious mistakes in this reality. It may help you as well.

Terry is a reader of past and parallel lives as well as a hypnotherapist in private practice since 1969. She is the creator of the Seven Keys to Self Actualization and the Seven Key Turn Key System for building a successful hypnotherapy practice.

Saturday March 18 11 am to 4 pm Poly Next Generation

Richard and his wife Devon discuss their lifestyle which is alternative in more ways than one. Devon is several years older than her husband. Their marriage is an open one and both of them are bi. Richard's parents lived the poly lifestyle as he was growing up. His Mother, Mary, will share a bit about that...

Pot luck lunch 1 pm Bring something healthy and delicious to share
2-4 pm Socializing in the hot tub

How to Choose, Find and Attract Your Right One(s)

By Terry Lee Brussel

CHOOSING

I have been involved in multiply committed relationships all my adult life. I founded Live the Dream, an organization for those who, originally inspired by the writings of such authors as Heinlein, Rimmer and Marion Zimmer Bradley, now believe you can deeply love more than one significant other and make a family-by-choice with them. I am part of such a family--a nest of 20+ water brethren some of whom live with me and some of whom live as far away as Germany. Some of us see each other daily, others for warm and loving visits only a week or so a year. I am also a fourth generation matchmaker. My family match making tradition began in Russia in the late 1800s beginning with Great Grandma Leiah and was brought to this country (Chicago) in 1910. My parents met when they were both working for Francis De La Mont's Social Club which my Dad renamed Romantic Holidays. He ran it during my teen years and passed it to me at age 22. I renamed it Marriage Minded Introductions. By making matches (both poly and monogamous) over a period of more than forty years, I have learned a great deal about what works and what doesn't in choosing a partner or partners.

FINDING

At just about every meeting I attend for those interested in multiply committed relationships, I find couples looking for a third, triads looking for a fourth, and singles looking for a primary partner who can accept a nonmonogamous lifestyle- -but may also be open to the right couple, triad, or group. If these seekers aren't fortunate enough to find just the right person(s) at such a gathering, they may try a personal ad.

Thanks to such publications as Loving More and the Green Egg (both on line now), there is a better chance this will work than when swing magazines were the only ones running such ads. Such web sites as OK Cupid and The Poly Matchmaker are also excellent ways of meeting someone special. Ok Cupid has a very extensive matching paradigm and a large data base. There are plenty of questions to help you determine whether a potential match is poly or not. The site will render an actual percentage of match for each potential partner. The Poly Matchmaker is less detailed in its matchmaking and does not give percentages, but everyone on it is Poly. Last time I checked (2014), the majority of its members were in northern California.

CHOOSING

If you are looking for love on a web site or anywhere else, the first concept you need to be aware of is partnering patterns. This is a Do-It-Yourself kit for developing positive partnering patterns. This is a tool which you can use to decide if a caller from a personal ad is worth meeting, whether an attractive someone you meet at a dance is worth dating, whether a match offered you on the web is worth meeting, or whether someone you've seen a few times is worth getting serious with, etc. You'll start with something very basic and keep honing it to suit you.

Begin by listing your three most important love relationships. If you are a couple or group, both or all of you should do this. If you have love relationships that you have tried as a couple or group in the past, by all means use them. List also your opposite sex parent if this person helped raise you. Write down all characteristics at least three out of four of these people had in common-- height, hair length, religion, reading preferences, anything. Don't worry about whether the characteristic is negative or positive yet. When finished, mark the things that were good for that relationship with a +, the things that were bad for it with a - and the neutral with a 0. Use these notes for ideas as you now list those attributes you consider essential in a relationship (E), those you'd like to have (L), and those you absolutely don't want (N). E's are 7-10 or multiples of 10 points, L's are 1-7, N's are negative 20-100. Add up all your possible positives for a total possible score. Rate each important past relationship on each characteristic for practice and to see if your scoring tool reflects what actually worked or didn't in these relationships. For example, if being a cat lover is worth 10 points, the guy who tolerates them in the house may get a 3 while the lady who cleans out the cat box and cuddles with them in bed gets a 10. Add up all the positive and divide by the total possible score to get an initial percentage. Then deduct the negatives from the total actual score. Get a new percentage by dividing this number by your original total possible score. Does this mean one minus 100 could eliminate someone who is otherwise great? YES. No matter how great they are, alcoholism, history of domestic violence, lack of ability to be self supporting or your own major pet peeve does properly eliminate them. Save the negative list for things you really find UNacceptable.

Now score a current possible if you have one or find one for that purpose. That relationship probably isn't right for any of you if it comes out badly for one of you. This tool will change as you use it. You'll add to the positives and the negatives as you discover things that work and do not for you or your group. You'll even find you can use it to rate a particular person as the relationship progresses. If certain situations lower a potential partners score, that may tell you to avoid those situations (such as visits to his ex) or that this won't work since those situations can't be avoided.

POLY ISSUES IN CHOOSING A PARTNER OR PARTNERS

Your list for a secondary (or even co-primary) partner is likely to be different than it is for a primary partner if you do not already have one. As a couple, you and your partner may have different things you want in an additional partner. Unless you are both bi, the sex of the potential partner may be important to one but not the other. If so the one who it is important to, probably gets to have that. A good general rule is that if a characteristic is on the essential list for one of you, that should be honored by both as should any Absolutely Nots. This may change a little if this person is simply going to have lunch with one of you once a week. Depending on what you are both comfortable with, the involvement of an additional partner with both of you whether that might be meeting for dinner at the couple's home once or becoming family-by-choice with the possibility of moving in, their acceptability to both must be negotiated. Some couples give each other veto power on a new relationship while others do not. Some give it on a new relationship, but not an ongoing one. I have been in situations where a lover's wife ended our relationship after 30 years, for no reason other than something she heard about polyamory on television! He was in shock and depression over it, but finally allowed her to have the final say. I do not recommend doing this to anyone you care about—either your spouse in such a relationship or his(her) long time lover. It is unkind in the extreme. On the other hand, there are situations which warrant such action—a lover who is taking up so much of your partner's time that you feel abandoned (or your lover doing that in a way that makes your partner feel abandoned), a lover who does not respect the marital relationship and is trying break it up so he or she could become primary, a lover who does not get along with your partner and expresses this in a way which makes your partner uncomfortable, etc. Best situation is for everyone to be open to discussion, sensitivity exercises for growing closer, shared family activities, etc. If there is trouble, these things established early in the

relationship can save it. If professional counseling is needed, be sure you use someone who is poly or at least poly tolerant and does offer an opportunity for *all* of you to be in on such counseling at some point. Everything said about a couple adding a third applies to triads and more adds, but gets more complicated. Where was I?

Ah, finding a partner or partners. The scoring system can be adjusted for couples or any sized group. If any of this is of personal interest to you, be sure to come to our LTD meeting February 19th 2017. Or feel free to call 800 Life Mates (800-543-3628) for more personal assistance.

If a new possible is looking good, go for it! This next piece is a way to improve your chances of ATTRACTING!

Valentine Day for Singles, Dyads and Triads

Happy Valentine's Day! Flowers, candy, dancing and passion--someone special in your arms. Except if there isn't someone special right now...or if your someone special is with his or her primary partner tonight. Then it can be a real downer.

Single and no love partner at present? Don't let all the cards, gift items and dreamy looks you see around you bring you down. Let it instead motivate you to be looking for that certain person or couple who may already be looking for you. Your life mate is out there- -not just one but many possible "right" ones. There are books on how to look, audio/video recordings and seminars. You can start at the library or a book store. Browse. Find one with a step by step program, not just for finding someone wonderful, but perhaps also for accessing what changes you may need to make to be ready for that person. *How to Make a Man Fall in Love* by Tracey Cabot is good. The converse book for men appears to be out of print, though there are likely others out there. The couples version is *Staying In Love for a Life Time* by the same author. For more in depth info on NLP, *Unlimited Power* by Tony Robbins is available in recorded or book form. It's better to use recorded material or live training as the way you say things is at least as important as what you say. Hypnosis can assist you in actually integrating NLP into your subconscious mind, your child mind, helping you to use it with the kind of unconscious mastery demonstrated by such practitioners as Tony Robbins and Tad James. We offer that at Success Center--800-GOAL NOW (462-5669)

What's NLP? Neuro Linguistic Programming is a way to deeply understand how another person thinks and communicates, what is important to them. It ranges from mirroring words and gestures to get a potential date to notice you at a party to saying the right things and being the right person for your chosen life mate to want to marry. It works. .

I had a client for my matchmaking service who only wanted to meet ladies with long blond hair. I found a match for him who was everything else he wanted, but her hair was short and auburn. He reluctantly agreed to meet her. He called me after the first date to tell me she looked like a horse. Two weeks later, he called to say she didn't look that bad actually and to tell me she had other characteristics he loved. The wedding invitation came six weeks later. The gut feel that caused me to risk his original aggravation was right, but the lady had a lot to do with making that work. She made him feel good about himself, let him know how right for her he was. She learned what special things really pleased him in the way a woman dressed and acted. She did those things without changing the essence of who she was, which was right for him in the first place. Some of this was inside info from me-- the rest she picked up by watching him, listening to him and asking the right questions. She learned to speak to him using the kinds of words he best responded to-- visual imagery in his case. This particular gal just seemed to have a knack

for it. If you don't and you wonder why your relationships just don't seem to last or to make either of you as happy as you'd hoped they would, this technique can be learned. It's not a way to manipulate another person or to give up being yourself. It's a way to deeply communicate with a potential special someone, to fully understand that other person, decide if this is Mr. or Miss Right, and be happy together if it is.

Here are a few hints. Does your date(or this person you'd like to date) use words like "I see." "It looks good to me." ? When you ask a question, does (s)he look up before answering? This person is probably a visual. Make a date to see the sunset together.

Words like "I hear you." "Just listen to me." and looking to the side before speaking tell you you're dealing with an audio. Make a date to listen to a concert together. "It's got to feel right." "Let's get in touch." and looking down before speaking tell you this kinesthetic might enjoy an ethnic place where soft comfortable cushions are provided to recline on. This is obviously over simplified. There are many tapes and books available on the subject as well as personal instruction. Feel free to call me for more info.

If you do all this or even a good part of it, you'll be too busy solving the loneliness problem to wallow in it. Soon you'll have your arms around the delightful solution.

POLY SPECIFIC FOR VALENTINE'S DAY

We couples who are looking for a third or for another couple, are not having to deal with the loneliness problems of a single person in this situation. We've got each other to be romantic with. Even so, this may be a good time for courting that special person you are both interested in. Don't make the mistake of figuring this day is just for you and your mate. A possible third in your relationship is going to look ahead and see many such "special" couple times creating loneliness and feelings of being excluded in the future. If this person is truly important to you, include him or her in. If she's a lady, the gentleman should get flowers and special gifts for both (different ones) and take them to dinner together. Show her that old fashioned romance need not be lost in this new style relationship. If the possible third is a male, the male member of the couple should include him in planning and implementing a romantic evening for your lady love. He may not offer, feeling awkward about intruding. You'll most likely have to ask him to join you and even persuade him that he is *not* a third wheel. NLP can be useful for this sort of thing, too. It will be worth the trouble if your Dream is a triad or even a triad as a starting point for a larger group marriage. This is true even if the relationship is going to stay a non residential one. Being inclusive rather than exclusive will definitely make your single lovers feel cared for and cherished at a time which could be more difficult for them than for you.

If you have a subject you would like to present, a topic you would like to suggest for a future meeting or if you have a poly story or question to share or publication to add here please call us at 818-886-0069 or send/E-Mail it to 8515 Penfield Ave. Winnetka, Ca. 91306. E-Mail address is newsletter@livethedream.org. We will take it with your solution or brain storm and give it one or more of our own. Let's have fun with this and learn from each other.

Do you have poly news that you wish to share?

E-Mail us at terry_bg@msn.com or call us at (818) 886-0069

Tell your Poly-curious friends to look us up at www.livethedream.org



Meet Ups & Other Group Events

First Saturday of every month is Deborah's meet up at Fuddruckers
221 N. San Fernando Blvd in Burbank at 8 pm. It's a dinner and socializing meeting.

Go to www.meetup.com/SoCal-Polyamory for more info on this meeting
Also check out www.meetup.com/Polyglamorous & <http://www.meetup.com/loving-more>
and other SoCal poly groups (IE, OC & SD all have groups too!)

The Southern California Naturist Association Meetup <http://www.meetup.com/nature-519>
Host monthly Beach parties at Bates Beach all summer! Largest Non-landed clothing optional club in California

Other Poly info:

www.lovemore.com

www.polyevents.blogspot.com

<http://openingup.net/resources/local-organizations-u-s/>

Other groups friendly to Polyamory

KARL HESS CLUB www.karlhessclub.org

meets on the 3rd Monday at [Dinah's Family Restaurant](#), 6521 Sepulveda Blvd. (at Centinela), Culver City.

Phone: (310) 645-0456 in West L.A.

Burning Man Festival August 27-September 4 2017 for details www.burningman.com Tickets available in March!

DIRECTIONS TO THE PENFIELD HOUSE

From the 118 going east, get off at De Soto Avenue, head South on De Soto to Parthenia, head East on Parthenia, head South on Winnetka, head East on Chase one block and head North on Penfield to 8515.

From the 118 going west, get off at Tampa Avenue, head South on Tampa to Parthenia, head West on Parthenia, head South on Winnetka, head East on Chase (one block), head North on Penfield.

From the 101, get off at Winnetka Avenue, head North on Winnetka Avenue to Chase (next signal North of Roscoe). Head East on Chase Street one block turn left on Penfield Avenue.

**We are the big blue house on the left hand side of the street; first house on Penfield north of Chase Street.
Number 8515**

For Google instructions, go to:

<http://maps.google.com/maps?q=8515+Penfield+Ave,+Winnetka,+CA+91306,+USA&sa=X&oi=map&ct=ti>

LTD DUES ARE \$25.00 PER YEAR FOR ONE PERSON, \$40 FOR A COUPLE, \$10 EACH FOR ADDITIONAL PERSON(S) IN THE SAME HOUSE. DOUBLE THAT FOR FREE ATTENDANCE AT ALL REGULAR DAY TIME 3RD SATURDAY MEETINGS. TO BECOME A MEMBER OR TO RENEW YOUR MEMBERSHIP, PLEASE COMPLETE THE FOLLOWING FORM AND EITHER E-MAIL OR SNAIL MAIL IT TO THE ADDRESS LISTED BELOW. An E-Mail NEWSLETTER SUBSCRIPTION ONLY IS AVAILABLE FOR FREE. JUST BE SURE TO PROVIDE US WITH YOUR E-Mail ADDRESS. REGULAR MEETINGS ARE \$5.00 WITH YOUR CURRENTLY PAID MEMBERSHIP CARD (FAMILY SYNERGY OR LIVE THE DREAM) WITHOUT MEMBERSHIP MEETINGS ARE \$8.00.

	Membership Type	Single	Couple/Family
<input type="checkbox"/>	Full LTD Membership Includes Newsletter & Membership Card	\$25	\$40 (\$10 FOR EACH EXTRA PERSON AT SAME ADDRESS)
<input type="checkbox"/>	Email Newsletter Only	NO CHARGE	NO CHARGE

Make checks payable to Success Center **Total: \$ _____**

Membership Information *Help Support the Lifestyle you live!*

Name: _____
Age: _____
Address: _____
City: _____
State: _____ **Zip:** _____
Phone: _____
E-Mail: _____

Single **Married** **Attached** **Unattached** Amount Enclosed \$ _____

Name(s) of Mate/Family to be included in this membership if APPLICABLE:

FAX OR Mail to: FAX#1-818-882-8512 – 8515 Penfield, Winnetka, CA 91306

I am willing to volunteer: **Time** **Meeting Space**

I could lead a meeting or activity, proposal enclosed

I am interested in **Science Fiction** **Pagan** **Libertarian** _____ **Oriented Programs**

I am interested in Co-operative Living: **Yes** **No**

I have space for others: **No** **Yes (Location & Phone _____)**

I am willing to relocate **Yes** **No**