

LIVE THE DREAM

8515 Penfield Ave

Winnetka, CA 91306

Founded in 1987 by Terry Lee Brussel-Rogers and Brian Gitt

Based on the philosophy of Family Synergy,

Found 1971 by Hy Levy and Pat LaFollette

LIVE THE DREAM FOUNDED 1987

UPCOMING EVENTS

Saturday June 20 - How much Love and Intimacy Can Be Preserved NOW? Let's build A Friendship Group!

[https://us02web.zoom.us/j/](https://us02web.zoom.us/j/3175971626?pwd=NWVjU3A2M0I2Q29lUkl4L1lMRzd2QT09)

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Zoom Meeting ID: 864-3374-2204

Password: 240643



Note: Items marked with an * are not Live the Dream events

Unless otherwise noted, all events are at 8515 Penfield Ave Winnetka 91306. Group house- home of Terry, Craig, John, Shawn and Rita. For all events: RSVP/ more info call the LTD Hotline (818) 886-0069

Please visit the Live the Dream website at www.livethedream.org to view current events, past articles, etc.

*NOTE: Terry Lee Brussel-Rogers is a Certified Clinical Hypnotherapist, Life Coach,
& a 4th generation Matchmaker.*

*We provide poly relationship counseling, hypnotic jealousy release, success coaching
and other services.*

See www.acesuccess.com or call (800) LIFE MATES (543-3628)

EVENTS

*All Live the Dream events are 11am-4pm on 3rd Saturdays at 8515 Penfield Ave in
Winnetka, Ca. 91306 (unless otherwise specified).*

*Donation for 3rd Saturday 11-4 events: \$10 for nonmembers, \$5 for members. Bring
something healthy and delicious to share for the pot luck lunch*

Join Zoom Meeting

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Saturday May 16th, 2020 11am to 12:30pm Morehouse: Group Living and Sensuality Classes in the 70s and Beyond Led by David Friedman

David lived in Morehouse in the 70s and has shared many wonderful stories with us over the years about it. The leaders were unabashedly capitalists who made money both by such means as cutting up one living room in 5 bedrooms for which 5 rents were collected, charging for their classes, etc. They also gave food and gifts to those in need in the cities and towns these houses graced. David has done Morehouse style Mark Groups for Live the Dream which feature having one participant take the "Hot Seat" while others ask questions which must indicated an interest in and about

the person they are addressed to rather than a way to say something to spotlight the person asking it. The answer can be some of the truth, all of the truth, a complete fantasy or a decline to answer. It is the way Morehouse used to bring in new people to their houses as well as engage those who did not live in the houses but visited others there or took the classes. David will tell us about the way it was close to the beginning of Morehouse University.

Terry and Craig will be at Paul and Athena's wedding in Phoenix during this meeting. Terry is handling their guest book at this mostly Zoom attended wedding. Their visits which we are missing A LOT are the main reason we got that big bed we have been mentioning in our newsletters for a while...

It will be VERY good to see them and celebrate their wedding day together.

Congratulations to PAUL and ATHENA On your upcoming wedding May 16!

Saturday June 20 - How Much Love and Intimacy Can Be Preserved NOW? Let's build a Friendship Group!
We will discuss ways to build a friendship group using some of the methods in the article below and adapting them to current reality.

Some of us are sheltering in place (at this writing 5-5-20) with a spouse, our children, perhaps housemates if you live as I do in a Group House. Others are REALLY alone—single, over 65 and / or having challenged immune systems for other reason and perhaps getting food only by delivery. For all of us, it is affecting our ability

not only to be close friends and lovers, but to our own nearby family members.

In response to concerns about STDs, Morehouse (discussed last month by David Friedman) developed a unique kind of fluid bonding arrangement by which each resident was required only to have anything from mouth kissing to intercourse with other members of their own Morehouse community. Could anything like that be applied to our current Pandemic situation to allow some continued in person contact within a defined intimate network who are not living in your own home? As we watch hugs, let alone something as dangerous as a kiss on the cheek, becoming a rare commodity even between family members who live near each other in different houses, this is worth discussing. If everything is ok enough for a meeting in our living room by the time June 20th comes around—perhaps we will discuss something more delicious—like how to find quality time for getting back together with those special people you have been social distancing from for the last three months. Maybe a time management delight discussion...

What I have decided to do while we are Sheltering in Place is continuing to have these meetings on 3rd Saturdays as we have done since 1987. Instead of making them 11 am to 4 pm, we will be using a 11-12:30 time slot for the main meeting. This is to avoid the awkward situation of running out of things to say or attention to put on them, not being able to break for lunch and hot tub, etc. I will probably be suggesting people who want to continue talking to each other exchange phone numbers by leaving a message on the Live the Dream Hot Line so I can pass their info to the member they want to talk to if I have that member's phone number or e-mail address. Yes, I will probably be doing some matchmaking

with that just because people who are Sheltering in Place alone may be rethinking their relationship choices and as a 4th generation matchmaker, I find the possibilities...fascinating. This also applies to people just looking for friends, couples looking for a third or another couple, etc. Relationships which start as virtual don't have to stay that way when restrictions are lifted.

I believe the article below is applicable to our new situation, though I have left it as it was in 2013. Think about shifting all this to phone, zoom, etc. There are people who live far away from me who I love but rarely see. My phone calls on birthdays and holidays are a bright spot in their lives and mine. This may now need to be applied to people who I would ordinarily take to lunch or give a party for unless you undertake to make them a party on Zoom. Many are doing this for everything from wedding to a kid's 5th birthday party. Or Bar Mitzvahs. Especially helpful is what some close friends of mine are doing for someone in our group with heart issues. They are "hanging out" by Zoom for an evening with this person on Sunday evenings. Whether you do this for an evening or an hour it can mean a great deal to someone who is REALLY isolated due to concerns about a compromised immune system due to age, asthma etc. There is a lot you can do to help that you may not have thought of before.

STRATEGIES OF FRIENDSHIP

By Terry Brussel (written in 2013)

Some of those who come to me as a hypnotherapist tell me that they have no friends, some adding that they do have acquaintances, but not real friends. Sometimes this happens because a person moves to a different geographical location than they grew up in. Often, though, the complaint comes from people who have lived in one area most of their lives. Why do some people have all the relationships they can fit into a busy life (and more) while others are miserably trying to survive in an isolated state--water, water everywhere and not a drop to drink?

I am blessed with a friendship circle of people who I love and care for and who care deeply about me. This did not happen by accident, though it did begin with the good luck of meeting fellow science fiction fans on a school bus at the age of fifteen and interrupting some disagreement they

were having relating to Star Trek with my own (somewhat unwelcome) opinions. One of them became my first water brother (see *Stranger in a Strange Land*) and over forty years later is still my closest friend. We formed a teenage "gang" of SF fans [(many of whom also dabbled with writing the stuff)]. We had parties and kidnap breakfasts, lunches together at school, skinny dipping by remote waterfalls (before any of us identified as nudists) and all kinds of horseplay kids usually engage in. Birthdays were remembered and celebrated by all, as were all the usual special holidays. Our parties and other activities, however, could turn at a moment's notice or anyone's need into a sensitivity group of empathic listeners willing to share tears, joy and group hugs. I learned what friendship meant through high school sensitivity training combined with reading *Stranger for the first time* at age 15 and having kindred spirits with whom to practice the teachings of real and lasting commitment, deep sharing, and a love which could include many special others.

If you did not have the good fortune to blunder into a group like this as a teenager it does not mean that you can't have it now. You can call those who you would like to be closer to and invite them for dinner at your home or call a few such someones and invite them to a party. You are reading this out of an interest in the poly lifestyle which may be anything from a new exploration for you to a lifelong identification. You have a group of kindred spirits to share your interests with-- Live the Dream (or any other poly group you are involved with), nudist resorts and naturist gatherings, your local Church of All Worlds Nest, Science Fiction Fandom, and any special interest group you go to. Go to the meetings/conventions of the group you are involved with. Meet people. Get names, phone numbers and E-Mail addresses. [Even if these are in the group's directory, getting that info from each individual is an invitation to contact them personally.] Offer to give a party for those whose birthdays are the same month as yours or your spouse's--publicize it in the group's newsletter or through E-Mail. Have a Thanksgiving Day pot luck or an Easter Egg hunt with adult prizes or personal gift certificates hidden in the plastic eggs. Offer to lead a meeting, an activity or plan a group get-away weekend. [Get involved at the volunteer level in a position which involves reaching out to other members and put something extra into the communication even if it's just a message on an answering machine--leave your own phone number for questions.] Have a sensitivity exercise as a party game or after meeting activity and see how it flies.

HAI (Human Awareness Institute-) offer a wide variety of week end and one day workshops including special couples' workshops. Go ahead and "steal" ideas and exercises to use with your own friendship group.

5-5-20 note: WILL THOSE WONDERFUL HUGS practiced at HAI workshops come back soon? One can hope!

The bottom line is to be someone who brings joy to others and is known to care about them. Be someone who remembers birthdays and anniversaries and invites the gang to celebrate them together--at your place, someone else's, a restaurant, a local park--anywhere. Be someone your friends know is there for them when needed. Schedule regular times to get together individually or at least be sure the next date is on calendar--same with friends as with lovers (who are hopefully friends first). To have friends, be the best friend you know how to be to those you choose to draw close.

You may be receiving the notifications on the Positive Stress Management/Healthy effective Immune System calls Glen Olson, retired Fire Captain, 30 year+ paramedic and active member of the Poly Community for many years are doing together at 8:15 Monday mornings as long as Shelter in Place continues in California. Those are free and we would be happy to have you join us for them. You can register for it on my website by downloading the guided meditation audio Positive Stress Management/Healthy Effective Immune System free. This was done by me (writing and giving the meditation) and Paul Gibbons (audio engineer) also a member of the Poly Community since 1977. THANK YOU, PAUL, for making this a professionally done audio with music etc., which is suitable for listening to as you go to sleep at night. It is our gift to you, our friends, and to anyone you want to share it with. In this time of social distancing, it is something you CAN do for them.

Got financial issues right now? A lot of us do. I had a call that made my day about six weeks into this Shelter in Place situation. It was from a lady who we had spoken to at a Trade Show. Success Center gives away an Abundance meditation at these shows. We ask passersby for their 3 most important wishes and promise a digital genie to grant them. It is a way to get their info for our mailing list, but it is real, too. That meditation is meant to bring an Abundance of Health, Wealth, Love and Joy into your

life. I get accosted in parking lots by people telling me they got the girl, they got the job, etc. This one beat them all, though. She had been homeless at the time we offered her those wishes and too skeptical of our approach to even try the meditation for quite a while. She finally listened to it the recommended 21 times. She called to tell me she GOT the \$100 K she had wished for! You can download my Abundance Your Money and More Magnet meditation on our home page www.acesuccess.com Just give us your three wishes...it's free.

Note: 5-5-20

Won't it be lovely when the info below is again appropriate—unless you are presently in a triad, quad, etc. who are living together. In which case, call us! The weekend retreat and Disneyland do not appear to be in the cards right now...

Does your bed have room enough in it for your lovers? All of them?

Come see our 8'6" wide by 6'6" long head and foot adjustable, massage at a touch Bed—if you like it, we can get you one...customized to your specific desires. Call 818-886-0069 for more info. Also, arrangements can be made to use the sale of such beds as a fund raiser for your poly group. Finance a weekend retreat, a trip together to Disney Land or whatever would most delight your members.

If you have a "What do you do when...? question for us or any Poly related article for publication here please send or E-Mail it to 8515 Penfield Ave. Winnetka, Ca. 91306. E-Mail address is officemanager@acesuccess.com We will take it with your solution or brain storm and give it one or more of our own. Let's have fun with this and learn from each other.

Meet Ups & Other Group Events

NONE OF THIS IS COVID 19 UPDATED. GO TO THEIR WEBSITES TO SEE HOW EACH GROUP IS HANDLING IT.

First Saturday of every month is Deborah's meet up at Fuddr--uckers

221 N. San Fernando Blvd in Burbank at 8 pm. It's a dinner and socializing meeting.

Go to www.meetup.com/SoCal-Polyamory for more info on this meeting

Also check out www.meetup.com/Loveopen & www.meetup.com/loving-more

and other SoCal poly groups (40+ groups in the Greater LA Area!)

The Southern California Naturist Association Meetup
<http://www.meetup.com/nature-519>

This is the largest non-landed clothing optional club in California

Other Poly info:

www.lovemore.com www.polyevents.blogspot.com

<http://openingup.net/resources/local-organizations-u-s/>

Other groups friendly to Polyamory

KARL HESS CLUB www.karlhessclub.org

Meets on the 3rd Monday at Dinah's Family Restaurant, 6521 Sepulveda Blvd. (at Centinela), Culver City. Phone: (310) 645-0456 West L.A.

Burning Man Festival August 30-September 7, 2020 for details www.burningman.com!

DIRECTIONS TO THE PENFIELD HOUSE

From the 118 going east, get off at De Soto Avenue, head South on De Soto to Parthenia, head East on Parthenia, head South on Winnetka, head East on Chase one block and head North on Penfield to 8515.

From the 118 going west, get off at Tampa Avenue, head South on Tampa to Parthenia, head West on Parthenia, head South on Winnetka, head east on Chase (one block), head North on Penfield.

From the 101, get off at Winnetka Avenue, head North on Winnetka Avenue to Chase (next signal North of Roscoe). Head east on Chase Street one block turn left on Penfield Avenue. We are the big blue house on the left-hand side of the street; first house on Penfield north of Chase Street. Number 8515 For Google instructions, go to: <http://maps.google.com/maps?q=8515+Penfield+Ave,+Winnetka,+CA+91306,+USA&sa=X&oi=map&ct=ti>

***LTD DUES** ARE \$25.00 PER YEAR FOR ONE PERSON, \$40 FOR A COUPLE, \$10 EACH FOR ADDITIONAL PERSON(S) IN THE SAME HOUSE. DOUBLE THAT FOR FREE ATTENDANCE AT ALL REGULAR DAY TIME 3RD SATURDAY MEETINGS. TO BECOME A MEMBER OR TO RENEW YOUR MEMBERSHIP, PLEASE COMPLETE THE FOLLOWING FORM AND EITHER E-MAIL OR SNAIL MAIL IT TO THE ADDRESS LISTED BELOW. An E-Mail NEWSLETTER SUBSCRIPTION ONLY IS AVAILABLE FOR FREE. JUST BE SURE TO PROVIDE US WITH YOUR E-Mail ADDRESS. REGULAR MEETINGS ARE \$5.00 WITH YOUR CURRENTLY PAID MEMBERSHIP CARD (FAMILY SYNERGY OR LIVE THE DREAM) WITHOUT MEMBERSHIP MEETINGS ARE \$10.00.*

	Membership Type	Single	Couple/Family
*	Full LTD Membership Includes Newsletter & Membership Card	\$25	\$40 (\$10 FOR EACH EXTRA PERSON AT SAME ADDRESS)

*	Email Newsletter Only	NO CHARGE	NO CHARGE
<i>Make checks payable to Success Center</i>			Total: \$ _____
Membership Information <i>Help Support the Lifestyle you live!</i>			
Name: _____			
Age: _____			
Address: _____			
City: _____			
State: _____ Zip: _____			
Phone: _____			
E-Mail: _____			
* Single * Married * Attached * Unattached Amount Enclosed \$ _____			
Name(s) of Mate/Family to be included in this membership if APPLICABLE: _____			
FAX OR Mail to: FAX#1-818-882-8512 – 8515 Penfield, Winnetka, CA 91306			
* I am willing to volunteer: * Time * Meeting Space			
* I could lead a meeting or activity, proposal enclosed			
* I am interested in * Science Fiction * Pagan * Libertarian * _____ Oriented Programs			
I am interested in Co-operative Living: * Yes * No			
I have space for others: * No *Yes (Location & Phone _____)			
I am willing to relocate * Yes * No			