

LIVE THE DREAM

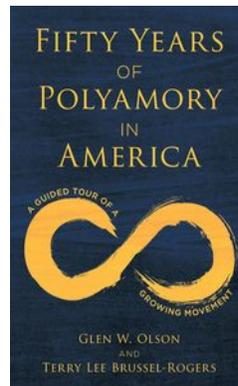
8515 Penfield Ave

Winnetka, CA 91306

Founded in 1987 by Terry Brussel and Brian Gitt
Based on the philosophy of Family Synergy,
Founded 1971 by Hy Levy and Pat LaFollette



www.livethedream.org



[Fifty Years of Polyamory in America: A Guided Tour of a Growing Movement](#), by Glen W. Olson and Terry Lee Brussel-Rogers, is the **first definitive history of polyamory in America ever published.**



www.caw.org

UPCOMING EVENTS

Saturday, February 14, 2026: Live: 11 am – 4 pm PT, Zoom: 11 am – 1 pm PT
2nd Saturday this month only due to Conscious Life Expo falling on the 3rd Saturday with Terry presenting that day (& Terry being a 4th generation matchmaker) **Happy Valentine's Day POLY STYLE!** Choose, Find and Attract Your Special Someone(s).
Led by Terry Brussel-Rogers

Saturday, March 21, 2026: Live: 11 am – 4 pm PT, Zoom: 11 am – 1 pm PT
Fifty Years of Polyamory in America: A Guided Tour of a Growing Movement Made the **Bold Authors** Curated Reading List. Led by Co-author of this book, Glen Olson.

Join our Zoom meetings <https://us02web.zoom.us/j/3175971626?pwd=Vl8d4Qk2FX1b80dmDS73AbvKSPPcr1.1&omn=85326078065>

Meeting ID: 317 597 1626 Passcode: Heinlein

Note: Our Meeting ID and Passcode remain unchanged, but Zoom has generated a new link. Please use the Meeting ID and Passcode if the link does not work.

Live the Dream

February-March 2026

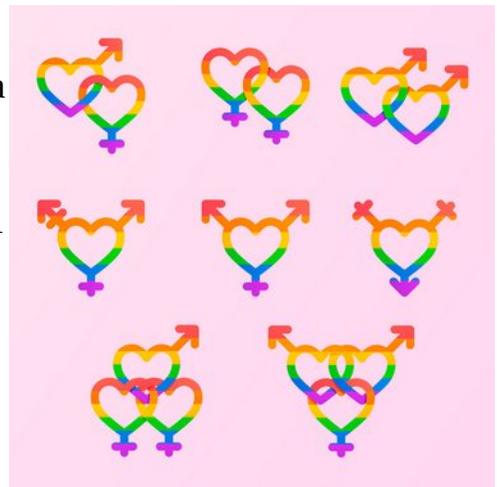
Live the Dream is an education and support group for those who, originally inspired by the writings of Robert A. Heinlein, Robert Rimmer, Marion Zimmer Bradley, and Spider Robinson are now ready to LIVE such alternative lifestyles as cooperative living, open committed relationships, and group marriage. Many of our concepts on multiply committed relationships come from Heinlein's *Stranger in a Strange Land* and *The Moon is a Harsh Mistress*. Live the Dream is the oldest continuing Nest of Church of All Worlds, the real life, over fifty-year-old spiritual movement inspired by *Stranger in a Strange Land*.

Please visit the Live the Dream website at www.livethedream.org to view current events, past articles, etc. Terry Brussel-Rogers is a Certified Clinical Hypnotherapist, Life Coach, & a 4th-generation Matchmaker. We provide poly relationship counseling, hypnotic jealousy release, ways to attract and maintain loving relationship(s), success coaching, and other services. See www.acesuccess.com or call (800) LIFE MATES (543-3628).

EVENTS

All regular Live the Dream LIVE events 11am-4pm on 3rd Saturdays at 8515 Penfield Ave Winnetka, CA. 91306 (unless otherwise specified). Suggested donation for those attending events Live is \$10 for non-members, \$5 for members of Live the Dream. LTD paid members: Meeting \$5. If an evening party is listed, meeting and party both \$8 with pot luck dish for both events, without pot luck dishes \$12 donation suggested for both events. Non-members \$15 with pot luck dish for both events, without Pot Luck, \$20 suggested donation for both events.

Terry is the primary organizer of the Southern California Poly Meetup (www.meetup.com/socal-polyamory/). Its ongoing events include those in this Newsletter on 3rd Saturdays of each month (except this February, 2026) 11 am - 4 pm PT + special celebrations and parties listed during the year.



Saturday, February 14, 2026: Live: 11 am – 4 pm PT, Zoom: 11 am – 1 pm PT

Happy Poly Valentine's Day! 2nd Saturday This Month Only

Choose, Find and Attract Your Special Someone(s)

Led by Terry Brussel-Rogers, 4th Generation Matchmaker.

Terry ran her family's matchmaking service, **Marriage Minded Introductions**, for 40 years—including Poly matches.

Whether you are a single looking for a primary partner or partners, or a couple looking for a single or another couple, etc, there are MANY ways to get into the relationship you desire. We will talk about some of those ways as well as how to maintain and bring more Joy to an ongoing romantic relationship... help them evolve into a live-in situation if they haven't gotten there yet and that is what you want.

If it is marriage you seek, that may look like an open committed legal marriage between two people or a plural marriage by contract with similar rights and responsibilities to a legal marriage. Whatever it is you want, it can be accomplished by knowing how to make it happen.

Terry wrote *Choosing, Finding and Attracting Your Lifemate* in 1992. Its most recent edition was introduced at **Conscious Life Expo** in February of 2020. That edition (with a newly updated Poly Supplement included) will be e-mailed as a gift to whoever attends this event on Zoom, with a hard copy autographed edition given to whoever attends in person. A guided meditation for *Attracting Your Special Someone(s)* will climax the Zoom portion of this event.

Want some help with finding your Right One(s)? Call Terry Brussel-Rogers at 800-Life Mates. That's 800-543-5628.

Saturday, March 21, 2026: Live: 11 am – 4 pm PT, Zoom: 11 am – 1 pm PT

*Fifty Years of Polyamory in America: A Guided Tour of a Growing Movement Made the **Bold Authors** Curated Reading List.* Led by Co-author of this book, Glen Olson.

The book by Glen Olson and Terry Lee Brussel-Rogers made it to a **Bold Authors Network** curated reading list, Listicle #2, titled *Looking Ahead to 2026: Cultural & Social Perspectives That Matter*.

Glen Olson will join us for our March 21, 2026, Live The Dream meeting to tell us all about it.

Fifty Years of Polyamory in America explores how relationship structures and social norms have evolved over the last half-century. Drawing on historical research and cultural analysis, this book examines the development of ethical non-monogamy from its early roots to its present-day visibility.

Rather than advocating a particular lifestyle, the book provides context and invites readers to understand how changing ideas about love, commitment, and personal freedom reflect broader cultural shifts. It challenges assumptions many readers may not even realize they hold, encouraging thoughtful reflection rather than judgment.

For readers interested in social history, psychology, or cultural change, this book offers a lens into how deeply personal choices intersect with collective values. It's a book that sparks conversation and encourages curiosity about how societies evolve.

“This book explores how changing relationship models reveal deeper shifts in American culture.” – Glen W. Olson

Valentine's Day for Singles, Dyads, Triads, and Moresomes

Happy Valentine's Day! Flowers, candy, dancing and passion--someone special in your arms. Except if there isn't someone special right now...or if your some special is with his or her primary partner tonight. Then it can be a real downer.

Single and no love partner at present? Don't let all the cards, gift items and dreamy looks you see around you bring you down. Let it instead motivate you to be looking for that certain person or couple who may already be looking for you.

Your life mate is out there – not just one but many possible "right" ones. There are books on how to look, audio/video tapes, and seminars. You can start at the library or a book store. Browse. Find one with a step by step program, not just for finding someone wonderful, but perhaps also for accessing what changes you may need to make to be ready for that person. *How to Make a Man Fall in Love* by Tracey Cabot is good. The converse book for men appears to be out of print, though there are likely others out there. The couples version is *Staying In Love for a Life Time* by Ed Wheat, M.D.

You Have the Dating Edge with NLP & Hypnosis!

What's NLP? Neuro-Linguistic Programming is a way to deeply understand how another person thinks and communicates, what is important to them. It ranges from mirroring words and gestures to get a potential date to notice you at a party to saying the right things and being the right person for your chosen life mate to want to marry. It works.

For more in-depth info on Neuro-Linguistic Programming (NLP), *Unlimited Power: The New Science of Personal Achievement* by Tony Robbins is available in recording or book form. Even better is the audio CD *Live with Passion!: Strategies for Creating a Compelling Future*, by the same author. It's better to use recorded material or live training as the way you say things is at least as important as what you say.

Hypnosis can assist you in actually integrating NLP into your subconscious mind, your child mind, helping you to use it with the kind of unconscious mastery demonstrated by such practitioners as Tony Robbins and Tad James. We offer that at Success Center **800-GOAL NOW (462-5669) www.AceSuccess.com**

I had a client for my matchmaking service who only wanted to meet ladies with long blond hair. I found a match for him who was everything else he wanted, but her hair was short and auburn. He reluctantly agreed to meet her. He called me after the first date to tell me she looked like a horse. Two weeks later, he called to say she didn't look that bad actually and to tell me she had other characteristics he loved. The wedding invitation came six weeks later.

The gut feel that caused me to risk his original aggravation was right, but the lady had a lot to do with making that work. She made him feel good about himself, let him know how right for her he was. She learned what special things really pleased him in the way a woman dressed and acted. She did those things without changing the essence of who she was, which was right for him in the first place.

Some of this was inside info from me-- the rest she picked up by watching him, listening to him and asking the right questions. She learned to speak to him using the kinds of words he best responded to--visual imagery in his case. This particular gal just seemed to have a knack for it.

If you don't and you wonder why your relationships just don't seem to last or to make either of you as happy as you'd hoped they would, this technique can be learned. It's not a way to manipulate another person or to give up being yourself. It's a way to deeply communicate with a potential special someone, to fully understand that other person, decide if this is Mr or Miss Right, and be happy together if it is.

Here Are a Few Hints on Using NLP in a Dating Situation

Does your date(or this person you'd like to date) use words like "I see." Or "It looks good to me."? When you ask a question, does (s)he look up before answering? This person is probably a visual-oriented person. Make a date to see the sunset together.

Words like "I hear you.", "Just listen to me.", and looking to the side before speaking tell you you're dealing with an audio-oriented person. Make a date to listen to a concert together.

"It's got to feel right.", "Let's get in touch.", and looking down before speaking tell you this kinesthetic-oriented person might enjoy an ethnic place where soft comfortable cushions are provided to recline on.

This is obviously oversimplified. There are many tapes and books available on the subject as well as personal instruction. Feel free to call me for more info.

If you do all this or even a good part of it, you'll be too busy solving the loneliness problem to wallow in it. Soon you'll have your arms around the delightful solution.

We couples who are looking for a third or for another couple

are not having to deal with the loneliness problems of a single person in this situation. We've got each other to be romantic with. Even so, this may be a good time for courting that special person you are both interested in.

Don't make the mistake of figuring this day is just for you and your mate...

A possible third in your relationship is going to look ahead and see many such "special" couple

times creating loneliness and feelings of being excluded in the future. If this person is truly important to you, include him or her in.

If she's a lady, the gentleman should get flowers and special gifts for both (different ones) and take them to dinner together. Show her that old fashioned romance need not be lost in this new style relationship.

If the possible third is a male, the male member of the couple should include him in planning and implementing a romantic evening for your lady love. He may not offer, feeling awkward about intruding. You'll most likely have to ask him to join you and even persuade him that he is *not* a third wheel.

NLP can be useful for this sort of thing, too. It will be worth the trouble if your Dream is a triad or even a triad as a starting point for a larger group marriage. This is true even if the relationship is going to stay a non residential one. Being inclusive rather than exclusive will definitely make your single lovers feel cared for and cherished at a time which could be more difficult for them than for you.

Room Available at Live the Dream's Group House near Northridge, CA 8515 Penfield Ave., Winnetka, CA 91306

ROOM with private FULL BATH, its own large closet and book case for an *avid* reader
AVAILABLE IN A GROUP HOUSE IN WEST SAN FERNANDO VALLEY – CALIFORNIA

\$1200 includes rent, utilities, internet, and use of laundry facilities. Couple \$1400.

Optional: \$85 a week per person includes groceries and shared meals.

Home of Terry Lee Brussel-Rogers, (founder and organizer of Live the Dream) and her husband Craig Brussel Rogers + 1 other lady (a retired nurse with us since 2015) and 3 gentlemen one of whom is a poly writer who was with us when we bought the house in 2003.

Many of our concepts on relationships come from Robert Heinlein's stories *Stranger in a Strange Land* and *The Moon is a Harsh Mistress*. Our home is a beautiful one in a nice neighborhood of the west San Fernando Valley. It has two fireplaces, a high ceilinged grand living room, dining area, and big country kitchen. Washer and dryer are available. We have a clothing optional hot tub. We share good conversation, holidays, outings, special occasions, hugs... and household chores.

Imagine coming home to a beautiful house, a well kept yard filled with flowers and trees. Space for a garden if you have a green thumb. The fire place may be lit if it is winter. You come home to the smell of something delicious being cooked by one of your housemates. Or perhaps you are the housemate doing that cooking—that nurturing. You share a good dinner with whoever is at home tonight. Afterward, you might enjoy the massage chair, go to the privacy of your room, soak in the hot tub with good friends, join a lively discussion in the living room or cuddle by the fire.

Sound good? MAKE YOUR FANTASY A REALITY... If you have an interest in living in a lovely home with warm, caring, like minded people. Call (818) 886-0069 for more information.



Fifty Years of Polyamory in America: A Guided Tour of a Growing Movement, by Glen W. Olson and Terry Lee Brussel-Rogers, published by Rowman and Littlefield on November 11, 2022, is the **first definitive history of polyamory in America ever published**. It is a fascinating read. The publishers are continuing to put this book in more and more universities and libraries! Students are using material from it in Masters theses and Doctoral dissertations on Polyamory.

Fifty Years of Polyamory in America: A Guided Tour to a Growing Movement is unique among the many books about polyamory because the scope of this book is the entire history of the polyamory movement, from Woodstock right on into the 21st century. The book is available at [on Amazon](#), [Barnes and Noble](#), and many other places—even internationally!— just by [Googling its title](#).

Between them, Terry and Glen have experience with open marriage, group marriage, and group living, and both are part of an intimate network which has evolved from 1969 to present time.

WHAT EXPERIENCES/BOOK REVIEWS, ETC. CAN YOU SHARE RELATING TO THE POLY LIFE STYLE?

We'd like to run it here or have you bring those questions to one of our 3rd Saturday events.

Please email to: Terry_bg@msn.com

Or mail it to: 8515 Penfield Ave. Winnetka, CA 91306.

We will take any question with *your* solution or brain storm and give it one or more of our own.

Let's have fun with this and learn from each other.

Meetups & Other Group Events

Check out www.meetup.com/Loveopen; www.meetup.com/loving-more;
www.meetup.com/socal-polyamory/

The Southern California Naturist Association Meetup <http://www.meetup.com/nature-519>

This is the largest non-landed clothing optional club in California

Other Poly info:

The Human Awareness Institute www.hai.org

Emma and Fin are “Normalizing Non-monogamy”

Link: Podcast Interviews in Swinging and Polyamory

(normalizingnonmonogamy.com)

Webcast with The Center for Positive Sexuality Monthly Educational Series -
Center for Positive Sexuality

<https://positivesexuality.org/education/>

LTD DUES ARE \$25.00 PER YEAR FOR ONE PERSON, \$40 FOR A COUPLE, \$10 EACH FOR ADDITIONAL PERSON(S) IN THE SAME HOUSE. DOUBLE THAT FOR FREE ATTENDANCE AT ALL REGULAR DAY TIME 3RD SATURDAY MEETINGS. TO BECOME A MEMBER OR TO RENEW YOUR MEMBERSHIP, PLEASE COMPLETE THE FOLLOWING FORM AND EITHER E-MAIL OR SNAIL MAIL IT TO THE ADDRESS LISTED BELOW. An E-Mail NEWSLETTER SUBSCRIPTION ONLY IS AVAILABLE FOR FREE. JUST BE SURE TO PROVIDE US WITH YOUR E-Mail ADDRESS. REGULAR MEETINGS ARE \$5.00 WITH YOUR CURRENTLY PAID MEMBERSHIP CARD (FAMILY SYNERGY OR LIVE THE DREAM) WITHOUT MEMBERSHIP MEETINGS ARE \$10.00.

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Full LTD Membership Includes Newsletter & Membership Card	\$25	\$40 (\$10 FOR EACH EXTRA PERSON AT SAME ADDRESS)
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Mail to: Live the Dream, 8515 Penfield Ave, Winnetka, CA 91306

I am willing to volunteer: Time Meeting Space

I could lead a meeting or activity, proposal enclosed

I am interested in Science Fiction Pagan Libertarian _____ Oriented Programs

I am interested in Co-operative Living: Yes No

**I have space for others: No Yes (Location & Phone
_____)**

I am willing to relocate Yes No