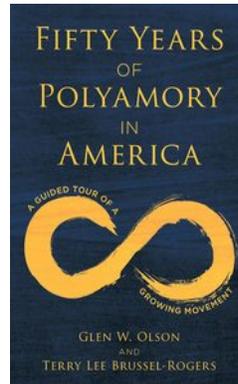


LIVE THE DREAM

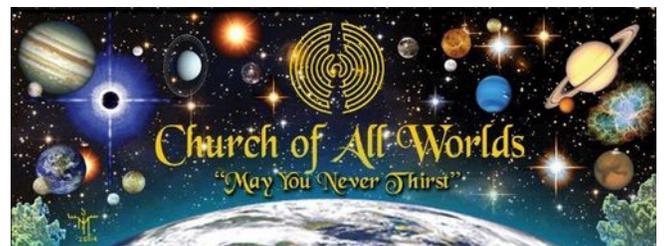
8515 Penfield Ave

Winnetka, CA 91306

Founded in 1987 by Terry Brussel and Brian Gitt
Based on the philosophy of Family Synergy,
Founded 1971 by Hy Levy and Pat LaFollette



[Fifty Years of Polyamory in America: A Guided Tour of a Growing Movement](#), by Glen W. Olson and Terry Lee Brussel-Rogers, is the **first definitive history of polyamory in America ever published.**



www.livethedream.org

www.caw.org

UPCOMING EVENTS

Saturday, March 21, 2026: Live: 11 am–4 pm PT, Zoom: 11 am–1 pm PT
Fifty Years of Polyamory in America: A Guided Tour of a Growing Movement
Made the **Bold Authors** Curated Reading List. Led by Co-Author of this book, Glen Olson. Also: St. Patrick's Day celebration! See page 3.

Wednesday, April 1, 2026: Live Only: LTD Annual Passover Seder
6-7 pm Socialize/Help 7-10 pm Seder. Led by Rob Milander. See pp. 3-4.

Saturday, April 18, 2026: Live: 11 am–4 pm PT, Zoom: 11 am–1 pm PT
Poly Intersection: Renaissance *Pleasure* Faire, Society for Creative Anachronism, and Dungeons & Dragons. Led by Elaine Anderson. See p. 4.

Saturday, May 2, 2026: Beltane Celebration led by High Priestess Lilith.
Potluck dinner 6 pm, ritual 7 pm (live only). More info in April Newsletter.

Room Available at Penfield House. See page 8.

Join our Zoom meetings <https://us02web.zoom.us/j/3175971626?pwd=Vl8d4Qk2FX1b80dmDS73AbvKSPPcr1.1&omn=85326078065>

Meeting ID: 317 597 1626

Passcode: Heinlein

Live the Dream is an education and support group for those who, originally inspired by the writings of Robert A. Heinlein, Robert Rimmer, Marion Zimmer Bradley, and Spider Robinson are now ready to LIVE such alternative lifestyles as cooperative living, open committed relationships, and group marriage. Many of our concepts on multiply committed relationships come from Heinlein's *Stranger in a Strange Land* and *The Moon is a Harsh Mistress*. Live the Dream is the oldest continuing Nest of Church of All Worlds, the real life, over fifty-year-old spiritual movement inspired by *Stranger in a Strange Land*.

Please visit the Live the Dream website at www.livethedream.org to view current events, past articles, etc. Terry Brussel-Rogers is a Certified Clinical Hypnotherapist, Life Coach, & a 4th-generation Matchmaker. We provide poly relationship counseling, hypnotic jealousy release, ways to attract and maintain loving relationship(s), success coaching, and other services. See www.acesuccess.com or call (800) LIFE MATES (543-3628).

EVENTS

All regular Live the Dream LIVE events 11am-4pm on 3rd Saturdays at 8515 Penfield Ave Winnetka, CA. 91306 (unless otherwise specified). Suggested donation for those attending events Live is \$10 for non-members, \$5 for members of Live the Dream. LTD paid members: Meeting \$5. If an evening party is listed, meeting and party both \$8 with pot luck dish for both events, without pot luck dishes \$12 donation suggested for both events. Non-members \$15 with pot luck dish for both events, without Pot Luck, \$20 suggested donation for both events.

Terry is the primary organizer of the Southern California Poly Meetup (www.meetup.com/socal-polyamory/). Its ongoing events include those in this Newsletter on 3rd Saturdays of each month 11 am - 4 pm PT + special celebrations and parties listed during the year.



May your blessings
outnumber the shamrocks
that grow, and may trouble
avoid you wherever you go.
– Irish proverb.

Happy St Patrick's Day!

Saturday, March 21, 2026: Live: 11 am–4 pm PT, Zoom: 11 am–1 pm PT
Fifty Years of Polyamory in America: A Guided Tour of a Growing Movement
Made the **Bold Authors** Curated Reading List.

Led by Co-Author of this book, Glen Olson

11-1 pm PT Live and on Zoom: Poly Discussion
led by Glen Olson.

1 pm Potluck Lunch - bring something healthy and delicious to share. Corned Beef and cabbage will be provided.

2-4 pm: Socializing in the clothing optional jacuzzi while Irish music plays in the background.



Fifty Years of Polyamory in America: A Guided Tour of a Growing Movement

The book by Glen Olson and Terry Lee Brussel-Rogers made it to a **Bold Authors** curated reading list (“Network Lysticle”)! Glen Olson will join us for our 3-21-26 Live The Dream meeting to tell us all about it.

Fifty Years of Polyamory in America explores how relationship structures and social norms have evolved over the last half-century. Drawing on historical research and cultural analysis, this book examines the development of ethical non-monogamy from its early roots to its present-day visibility.

Rather than advocating a particular lifestyle, the book provides context and invites readers to understand how changing ideas about love, commitment, and personal freedom reflect broader cultural shifts. It challenges assumptions many readers may not even realize they hold, encouraging thoughtful reflection rather than judgment.

For readers interested in social history, psychology, or cultural change, this book offers a lens into how deeply personal choices intersect with collective values. It’s a book that sparks conversation and encourages curiosity about how societies evolve.

“This book explores how changing relationship models reveal deeper shifts in American culture.”
– Glen W. Olson

Glen Olson is an author and historian of the polyamory movement and gives presentations on the history of polyamory to interested groups. He is a retired fire captain, paramedic, and technical writer. He is also a published science fiction author. His introduction to organized polyamory began in the 1970’s when he was invited to attend a workshop on open relationships at Elysium Fields in Topanga Canyon, CA.

Wednesday, April 1, 2026: Live Only: LTD Annual Passover Seder
6-7 pm Socialize/Help 7-10 pm Seder. Led by Rob Milander.



Call Terry to **RSVP before 3-25-26** at (818) 886-0069 to arrange what to bring for the Seder or to attend without a food contribution. We need time to plan things and shop for supplies.



This is a Celebration of Freedom!

This holiday commemorates the first time one People (the Jews) freed itself from bondage to another People (the Egyptians).

We'll do this with plenty of group participation! You don't have to read Hebrew for this or even be Jewish. Whether you want to learn more about your own heritage, just share this special holiday with those you care about, or discover a cultural experience new to you, you are welcome!

This is coordinated pot luck since it requires special foods. **This event is FREE to one clean up coordinator and a single or couple who volunteer to bring 5 pounds of lamb or 10 pounds of chicken.**

- Cost: \$8.00 with *arranged food contribution* and one bottle of kosher wine for each adult in your party, one bottle of grape juice for each child.
- \$18 each without food contribution + bring beverage.
- Children under thirteen free with food, \$5 without.

You can arrive 6-7 pm to socialize and help with preparations. Seder itself starts at 7:00 pm.

Saturday, April 18, 2026: Live: 11 am–4 pm PT, Zoom: 11 am–1 pm PT
Poly Intersection: Renaissance *Pleasure* Faire, Society for Creative Anachronism, and Dungeons & Dragons. Led by Elaine Anderson.

Elaine has been a member of Queen's Court in SCA several times, participated in Renaissance Pleasure Faire, and been active in Dungeons & Dragon activities for many years.

The **Renaissance Pleasure Faire of Southern California** was founded by Phyllis and Ron Patterson in 1963. In 1966, a group of friends (including the writers Diaba Paxson, Marion Zimmer Bradley, Poul Anderson, and Karen Kruse Anderson) interested in historical reenactment and science fiction/fantasy founded the **Society for Creative Anachronism** at an event now known as First Tournament in Berkeley, California.

Between that time and this couples have met at Faire or SCA, married in the Faire Wedding Garden and brought their children back to enjoy it. Some of them have been in Guilds which feature role play Families which can become very real for the 6-12 weekends of Faire and preparing for Faire each year..perhaps for decades. This is even more true with SCA events which occur several times a year and can involve staying on site for whole weekends or more for the Wars.

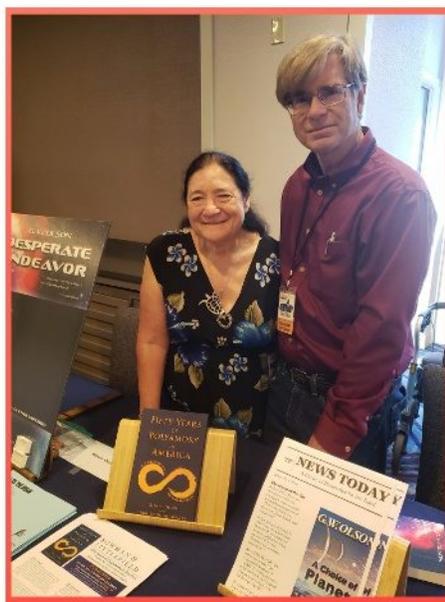
While the Royalty are more involved than general attendees, those who come to these functions are whole-heartedly part of them during the time they are present. They are participants rather than observers, far more so in the SCA than with Southern California Renfaire, which has become commercialized. The children may regard Faire/SCA family as Aunts, Uncles and perhaps cousins by Choice.

There are couples who having met at Faire or SCA and formed romantic relationships there, have legal marriages separate from Faire or SCA. In some cases, spouses who do not go to Faire or SCA events or choose to put in the time and commitment necessary to be part of one of these activities know about these romantic connections which have perhaps gone on for many years before they knew or married their husband or wife and have consented to them.

If they meet and form friendships with such people, it can lead to kitchen table polyamory or even group marriage. Or they may just accept that for the weekends of Faire or days of SCA events, this relationship will continue separately from the marriage. Some of this may depend on whether the other partner lives close enough to spend time together separate from Faire or SCA.

I believe that as long as the non-Faire or non-SCA spouse knows and **willingly** consents to the arrangement, it is poly. If they do not know or do not willing consent to it, that is just garden variety cheating. What do you think?

How does Dungeons & Dragons come into this? It attracts the same kind of people and frequently the **same** people who get involved in Renfaire and SCA. They have weekly or monthly gatherings which have become date nights for those involved in these Poly Relationships, whether they be solo polys who meet at such events and perhaps stay over together after them, or triads, more-adds and polycules who come as a group. Elaine will lead a discussion on all of this. Your active participation is enthusiastically encouraged!



Fifty Years of Polyamory in America: A Guided Tour of a Growing Movement, by Glen W. Olson and Terry Lee Brussel-Rogers, published by Rowman and Littlefield on November 11, 2022, is the **first definitive history of polyamory in America ever published**. It is a fascinating read. The publishers are continuing to put this book in more and more universities and libraries! Students are using material from it in Masters theses and Doctoral dissertations on Polyamory.

Fifty Years of Polyamory in America: A Guided Tour to a Growing Movement is unique among the many books about polyamory because the scope of this book is the entire history of the polyamory movement, from Woodstock right on

into the 21st century. The book is available at on [Amazon](#), [Barnes and Noble](#), and many other places—even internationally!-- just by [Googling its title](#).

Between them, Terry and Glen have experience with open marriage, group marriage, and group living, and both are part of an intimate network which has evolved from 1969 to present time.

Social Impact Authors: How & Why Author Glen W. Olson Is Helping To Change Our World

Terry was also interviewed as co-author, but this is Glen's meeting—and article space also somewhat limited. Both Glen's and Terry's complete interviews can be found at:

<https://medium.com/authority-magazine/social-impact-authors-how-why-authors-glen-w-olson-and-terry-lee-brussel-rogers-are-helping-to-a0a1c6dd50c5>

Thank you so much for joining us in this interview series! Before we dive into the main focus of our interview, our readers would love to “get to know you” a bit better. Can you tell us a bit about your childhood backstory?

Thank you Yitzi. I grew up in the San Fernando Valley, a suburb of Los Angeles, in a wonderfully ethnically diverse neighborhood. I would have had an absolutely normal childhood except for one fact: it was the nineteen sixties, and my best friend's father worked in cold war aerospace, and *he* owned a mimeograph machine, something that was fairly unusual for the time.

What that meant was, myself and a bunch of my 10 and 12 year old friends had access to a type of printing press. So of course, we put out a neighborhood newspaper! This encouraged my lifelong love of writing.

I have had several careers so far, including truck driver, meat cutter, and perennial college student. I trained for, and became, a paramedic working for a fire department. In that career I had several roles, including disaster preparedness educator, inspector, and captain, writing training manuals by day and my own fiction and non-fiction by night.

When you were younger, was there a book that you read that inspired you to take action or changed your life? Can you share a story about that?

When I was little my dad made up bedtime stories that he would tell me every night about two friends, Herbert the trout and Herbert the whale, who would always meet at the mouth of San Francisco harbor and go on adventures together. He would always include a little boy and since the little boy was always my age, I knew it was me going on those adventures.

In grade school, every book in the public library was an invitation to adventure. I thought exploring the world with Tom Sawyer and Huck Finn was exactly what every child should do. As I grew older, my parents stressed a good education but also wanted me to develop the skills to do more than one kind of work. In my several careers I have kept a foot in both camps, that of labor, working for a fire department, and academia, keeping in touch with people who were psychologists, sociologists and sexologists.

When I read Robert Kiyosaki's book *Rich Dad: Poor Dad*, I found Kiyosaki's journey, growing up with a very intelligent father who was a college professor, but was very impractical in the real world (*Poor Dad*), and meeting a self-taught wealthy businessman (*Rich Dad*) who took him under his wing and showed him how to think about all the ways to create value in the world and generate wealth while doing that, to be very profound.

It has been said that our mistakes can be our greatest teachers. Can you share a story about the funniest mistake you made when you were first starting? Can you tell us what lesson you learned from that?

When I learned about the idea of open relationships as a teenager, the idea that a person could have more than one loving relationship at a time was exciting. The books assured me there were ethical ways to have three or more people in a relationship, and everyone benefitted. I believed at the time that if two people are in a relationship, each person is responsible for 50% of the relationship. So using new math, if

three people are in a relationship, each person is only 33% responsible for the success of the relationship.

I thought that was great! However, I was a teenager and I didn't know much about psychology or relationships. Eventually I learned that if I considered myself 100% responsible for every relationship I am in, and the other person(s) is/are also 100% responsible for the success of the relationship, everything works better. But I was really disappointed to find out my new math calculation was wrong.

Can you describe how you aim to make a significant social impact with your book?

Fifty Years of Polyamory in America tells the story of two generations of people who have come of age at a time of great social change and impact. That social impact is still happening today, and we are trying to put it in perspective for people. In 1967 the Supreme Court settled once and for all that an adult of any race could marry someone of another race.

In the same year another event took place in that was destined to shake American society to its foundations and cause not just isolated splinter groups, but huge segments of the population to pay attention, to wonder, and to ultimately question their relationships with themselves and with the people they loved.

The Summer of Love was the culmination of three dominant trends happening in America at the time. The civil rights movement had been changing people's hearts throughout the 1960s, making activism respectable.

Human Potential Movement, coming from good old American philosophical and psychological roots, had been quietly gaining momentum all decade long with the message that you can change who you are for the better. And the literary Beat culture of the 1950s, whose basic tenets included challenging your pre-conceptions, making a spiritual quest, and rejecting economic materialism had turned into the popular and energetic hippie movement of the 1960s. The impact of these movements echo to today and allow people more choice of the kind of lives they want to lead than ever before.

Can you share with us the most interesting story that you shared in your book?

Of course. Dee is a thirty-four year old nurse, originally from India who grew up in India and London. We have met at the local coffee emporium for tea and conversation, because she wants to talk about her marriage. Her parents are deeply traditional and talked her into accepting an arranged marriage at age twenty-four to a man she met only once. She has been married ten years and has one child.

"I think there is something missing in my marriage; I *know* there is something missing in my marriage. I learned to love my husband, and I do love him. To me, love is a thing we choose to do as much as it is an emotion.

"But lately I want more excitement in my marriage, and I want another child. My husband doesn't want me to have another baby; he likes that we just have one.

"I don't understand my American girlfriends," she goes on to say. It turns out that all of her American girlfriends are giving her the same advice: Dump the husband, walk away from the marriage, and marry someone else who will give her more children. She knows there is something wrong with this advice, and she is very frustrated.

"I don't want to give up the things I've got. I have a good husband; I am happy in so many ways ... I just wish he would have an affair or something. I want him to be more adventurous and make our lives more exciting."

On my side of the table, I'm blinking in shock. She wants her husband to have an *affair* to get their marriage out of the rut it is in? Wow! During these conversations, I'm rarely impelled to give advice, although I might offer information and talk about the choices other people make, but in this case I make an exception. I tell her that her American girlfriends are wrong. Her friends do not have her best interests at heart, and I think her instincts to work within her marriage, to strengthen and grow *with* her husband, is the right choice.

Amazingly, she takes my advice. About six months later we are having another conversation and she confides that she is deliriously back in love with her husband and life is extremely exciting for them—but wait, here is the rest of the story: Her husband was not interested in going out to find a woman to have

an *affair* with, but after some deep and intimate conversations she admitted to him that she had always felt she might be bisexual and was interested in exploring that. He gave his blessing to her seeing if she wanted a female lover, and now she has a soft, cuddly woman in her life and still has the man she wanted to keep all along.

Can you please give us your favorite “Life Lesson Quote”? Can you share how that was relevant to you in your life?

Science Fiction author and member of the “Greatest Generation” Robert Heinlein offered many wonderful lessons in his adventure books. One of my favorites is: “A human being should be able to change a diaper, plan an invasion, butcher a hog, conn a ship, design a building, write a sonnet, balance accounts, build a wall, set a bone, comfort the dying, take orders, give orders, cooperate, act alone, solve equations, analyze a new problem, pitch manure, program a computer, cook a tasty meal, fight efficiently, die gallantly. Specialization is for insects.”

This quote is right in line with the advice my father (also a member of the Greatest Generation) gave me. He said that a man needs to be able to find work in at least three different fields, because a job might go away in one field of endeavor so he has to be competent in more than one type of work. It is a man’s obligation to take care of his family.

How can our readers further follow your work online?

I can be reached on my author page <https://glenolson.org> and can also be found on facebook and LinkedIn.

This was very meaningful, thank you so much. We wish you only continued success on your great work!

My pleasure, I will be happy to talk with you again, anytime. Thank you!

Room Available at Live the Dream’s Group House Near Northridge, CA.

8515 Penfield Ave., Winnetka, CA, 91306

ROOM with private FULL BATH, its own large closet and book case for an *avid* reader
AVAILABLE IN GROUP HOUSE WEST SAN FERNANDO VALLEY – CALIFORNIA

\$1200/month includes rent, utilities, internet and use of laundry facilities. Couple \$1450/month.

Optional: \$85 a week per person includes groceries and shared meals.

Home of Terry Lee Brussel-Rogers, (founder and organizer of Live the Dream) and her husband Craig Brussel Rogers+ 1 other lady (a retired nurse with us since 2015) and 3 gentlemen one of whom is a poly writer who was with us when we bought the house in 2003.

Many of our concepts on relationships come from Robert Heinlein’s *Stranger in a Strange Land* and *The Moon is a Harsh Mistress*. Our home is a beautiful one in a nice neighborhood of the west San Fernando Valley. It has two fireplaces, a high ceillinged grand living room, dining area and big country kitchen. Washer and dryer are available. We have a clothing-optional hot tub. We share good conversation, holidays, outings, special occasions, hugs... and household chores.



Imagine coming home to a beautiful house, a well kept yard filled with flowers and trees. Space for a garden if you have a green thumb. The fire place may be lit if it is winter. You come home to the smell of something delicious being cooked by one of your housemates. Or perhaps you are the housemate doing that cooking—that nurturing. You share a good dinner with whoever is at home tonight. Afterward, you might enjoy the massage chair, go to the privacy of your room, soak in the hot tub with good friends, join a lively discussion in the living room

or cuddle by the fire.

Sound good? MAKE YOUR FANTASY A REALITY... If you have an interest in living in a lovely home with warm, caring, like minded people. Call (818) 886-0069 for more information.



WHAT EXPERIENCES/BOOK REVIEWS, ETC. CAN YOU SHARE RELATING TO THE POLY LIFE STYLE?

We'd like to run it here or have you bring those questions to one of our 3rd Saturday events.

Please email to: Terry_bg@msn.com

Or mail it to: 8515 Penfield Ave. Winnetka, CA 91306.

We will take any question with *your* solution or brain storm and give it one or more of our own.

Let's have fun with this and learn from each other.

Meetups & Other Group Events

Check out www.meetup.com/Loveopen; www.meetup.com/loving-more; www.meetup.com/socal-polyamory/

The Southern California Naturist Association Meetup <http://www.meetup.com/nature-519>

This is the largest non-landed clothing optional club in California

Other Poly info:

The Human Awareness Institute www.hai.org

Emma and Fin are "Normalizing Non-monogamy"

Link: Podcast Interviews in Swinging and Polyamory

(normalizingnonmonogamy.com)

Webcast with The Center for Positive Sexuality Monthly Educational Series -
 Center for Positive Sexuality
<https://positivesexuality.org/education/>

LTD DUES ARE \$25.00 PER YEAR FOR ONE PERSON, \$40 FOR A COUPLE, \$10 EACH FOR ADDITIONAL PERSON(S) IN THE SAME HOUSE. DOUBLE THAT FOR FREE ATTENDANCE AT ALL REGULAR DAY TIME 3RD SATURDAY MEETINGS. TO BECOME A MEMBER OR TO RENEW YOUR MEMBERSHIP, PLEASE COMPLETE THE FOLLOWING FORM AND EITHER E-MAIL OR SNAIL MAIL IT TO THE ADDRESS LISTED BELOW. An E-Mail NEWSLETTER SUBSCRIPTION ONLY IS AVAILABLE FOR FREE. JUST BE SURE TO PROVIDE US WITH YOUR E-Mail ADDRESS. REGULAR MEETINGS ARE \$5.00 WITH YOUR CURRENTLY PAID MEMBERSHIP CARD (FAMILY SYNERGY OR LIVE THE DREAM) WITHOUT MEMBERSHIP MEETINGS ARE \$10.00.

Membership Type	Single	Couple/Family										
Full LTD Membership Includes Newsletter & Membership Card	\$25	\$40 (\$10 FOR EACH EXTRA PERSON AT SAME ADDRESS)										
Email Newsletter Only	NO CHARGE	NO CHARGE										
Make checks payable to Success Center Total: \$ _____												
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Mail to: Live the Dream, 8515 Penfield Ave, Winnetka, CA 91306												
I am willing to volunteer: Time Meeting Space												
I could lead a meeting or activity, proposal enclosed												
I am interested in Science Fiction Pagan Libertarian _____ Oriented Programs												
I am interested in Co-operative Living: Yes No I have space for others: No Yes (Location &Phone _____) I am willing to relocate Yes No												