

# LIVE THE DREAM

8515 Penfield Ave  
Winnetka, CA 91306

*Founded in 1987 by Terry Brussel and Brian Gitt*

*Based on the philosophy of Family Synergy,*

*Founded 1971 by Hy Levy and Pat LaFollette*



[www.livethedream.org](http://www.livethedream.org)

[www.caw.org](http://www.caw.org)

## UPCOMING EVENTS

**Saturday May 18, 2024, 11 am to 4 pm (Zoom 11-1 PDT) Bi? Pansexual? Or?**

Led by Elaine Anderson & Matthew Marrero.

Saturday June 15, 2024 11 am-4pm PDT (Zoom 11-1 PDT) Outlander by Dianna Gabaldon:  
Poly? Science Fiction/Fantasy?

Join Zoom meeting

<https://us02web.zoom.us/j/3175971626?pwd=NWVjU3A2M0I2Q29IUkI4L1lMRzd2QT09>

Meeting ID: 317 597 1626

Passcode: Heinlein

**Live the Dream** is an education and support group for those who, originally inspired by the writings of Robert Heinlein, Robert Rimmer, and Marion Zimmer Bradley, are now ready to LIVE such alternative lifestyles as cooperative living, open relationships, and group marriage. Many of our concepts on multiply committed relationships come from Heinlein's *Stranger in a Strange Land* and *Moon is a Harsh Mistress*. Live the Dream also sponsors a nest of Church of All Worlds, the real life, over fifty-year-old spiritual movement inspired by *Stranger in a Strange Land*.

Please visit the Live the Dream website at [www.livethedream.org](http://www.livethedream.org) to view current events, past articles, etc. Terry Brussel-Rogers is a Certified Clinical Hypnotherapist, Life Coach, & a 4th generation Matchmaker. We provide poly relationship counseling, hypnotic jealousy release, ways to attract and maintain loving relationship(s), success coaching and other services. See [www.acesuccess.com](http://www.acesuccess.com) or call (800) LIFE MATES (543-3628).

Terry is now the primary organizer of the Southern California Poly Meetup ([www.meetup.com/socal-polyamory/](http://www.meetup.com/socal-polyamory/)). Its ongoing events include those in this Newsletter on 3<sup>rd</sup> Saturdays 11 am - 4 pm PT + special listed events during the year & the ones given first Saturdays of each month 5:30 to 8:30 pm PT at Pitfire Pizza 5211 Lankershim Blvd. NoHo, Co-led by Brad & Jim Call 626-818-8021 for more info.

## EVENTS

*All regular Live the Dream LIVE events 11am-4pm on 3rd Saturdays at 8515 Penfield Ave Winnetka, Ca. 91306 (unless otherwise specified). Suggested donation for those attending events Live is \$10 for non-members, \$5 for members of Live the Dream. RSVP/more info call the LTD Hotline (818) 886-0069 or Visit LiveTheDream.org*

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**Saturday May 18, 2024, Live: 11 am-4pm PDT, Zoom: 11-1 PDT**

**Bi? Pansexual? Or?**

**Led by Elaine Anderson & Matthew Marrero.**

This meeting is led by a trans woman and cis male, both identifying as Pansexual and both unmarried at present. They have many years of experience in the poly lifestyle. When I (Terry) first heard the term Pansexual, I thought it was just a fancy name for Bisexual. Apparently not. That term refers to people who are attracted to both men and women, possibly only those born male or female and still identifying as such. Pansexual means for some that they are open to sexual love relationships with anyone whom they feel a connection to, regardless of whether they identify as male, female, pre-op or post-op transsexuals, non-binary or even asexual. Each of these possibilities is just one more way of expressing the Being (or Spirit) within. Elaine and Matt will share their own experiences and what they have observed in their dating and long-term poly partnership experiences. Please feel free to share your own unique take on this subject as well as any questions you have for our presenters.

**1pm Pot Luck Lunch-bring something healthy and delicious to share. 2-4 PM  
Socializing in the clothing optional jacuzzi**

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**Saturday June 15, 2024, Live: 11 am-4pm PDT, Zoom: 11-1 PDT**

*Outlander* by Dianna Gabaldon: Poly? Science Fiction/Fantasy?

Led by Terry Brussel-Rogers.

Yes, to all that. It is even Pagan, as the time travel is accomplished by going Through the Stones -- best done at the time of Samhain. I have on my refrigerator a magnet which says "Not only was I a bigamist and an adulteress, I had enjoyed it." Claire Frazier on her wedding night to Jamie, the Love of her life.

Having traveled backward in time to the 1700s, Claire had fallen in love with and married Jamie while still wed (in some sense) to Frank, a man who would not be born for 200 years. Yet she chose to wear Frank's ring as well as Jamie's even after Frank's death in her own time. Another character in that Past time marries two men who are twin brothers and has children by them.

When I asked the writer, at a presentation, whether she was polyamorous, as I offered her a Live The Dream Newsletter (to my daughter's embarrassment, as she knew the author from handling autograph tables for many years at SF cons), Dianna said, "Haven't you read my books?" and laughingly took the Newsletter. She wrote those books to explore what kind of love lasts for fifty years, with Jamie and Clare as the example of long-lasting erotic joy well into grandparenthood, deep caring which endures through deep emotional trauma, and commitment which defies space and time.

I love the books and the TV series. Speaking on this topic is my birthday gift to myself: June 15 is my 71<sup>st</sup> birthday. Cake and ice cream for me—let us know if you have a June birthday to celebrate along with mine—we will add your name to the cake.

'Tis almost Summer Solstice. There will be a Ritual for that...more in the next newsletter.

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## **All the Shades of Polyamory and What We Call Them**

The way we describe things helps clarify them in our own minds...also new ways of describing what we have been doing for many years means we must learn those new terms to communicate clearly with those who are in our lives. For me, this includes leading meetings on the subject of polyamory during which I must make my meanings match the current terms. Elaine has helped me to do that.

Elaine is a trans pansexual lady, living that lifestyle full time since 2017. Many years before that, she experienced being a husband and father in a traditional monogamous marriage. She will share her own journey and what she has observed of polyamory along the way. She has in her life a cis female lover, a trans female lover and two cis male lovers, including Matt, who also is pansexual. Matt has

in his life now a cis female primary partner, a cis female lover, and 2 trans female lovers. Both Elaine and Matt manage to make time graciously for all those they love and care about in their lives including their grown children.

Elaine came into my life when my husband had cancer and was frequently in the hospital for at least 12-15 days a month in chemo, urgent care etc. She was really *There* for me while this was going on, giving me loving support though she lived an hour and a half away in Lancaster. She helped me with the tech aspects of doing Live the Dream meetings on Zoom, helped me set up for the in-person part of those meetings, and stayed over as frequently as both our schedules permitted, sleeping in my bed whether my husband was there too or not. While I knew I was bi and had had close sexual loving relationships with women in my life before, some of whom were trans and very dear to me, this was the first one which really did not include a man as part of the relationship. Even when my husband was home, their relationship was and still is strictly platonic.

Elaine and I became water kin (family by choice Stranger in a Strange Land style) early in our relationship and have continued to Grow Closer in many ways since then. We can go out for an evening together, snuggle while riding the Ferris wheel at Venice Beach, or have lunch with her daughter or mine. She continues to be a joy in my life.

I learned the term Kitchen Table Polyamory from Elaine. I guess it is what I have been practicing much of my adult life. I learned after my first marriage (poly, but complicated) that it did not work for me to have lovers who could not form at least a close friendship with my primary partner (or husband when I had one). They were welcome to join us for dinner, holidays and birthdays. My second husband, Paul, whom I was married to for 15 years, is now married to Athena, while I am married to Craig. We go beyond kitchen table polyamory by sharing vacations as well as dinners, holidays and birthdays. We all sleep in one BIG bed when they travel from Phoenix to visit us at our home for a night, a week, or more.

I had a conversation with someone attending the first Saturday Poly Meetup in Burbank last month. He had realized recently that he had been Poly for years. He was negotiating with someone he was dating as to whether their relationship should be Kitchen Table or if his outside relationships should be entirely separate from her. Something about the way he spoke of it told me that having his lovers be part of each other's lives in some way was really as important to him as it was to me. I advised him not to let himself be cheated out of the joy that would bring him, particularly since he was not living with or married to the person requesting that. Even if he had been, this may have been the right time to assert himself.

It is important to set boundaries and know what is non-negotiable for you in any relationship, poly or monogamous. This is best done before the relationship becomes serious. I have learned that fact through many years of living the lifestyle, doing poly relationship coaching, poly as well as monogamous matchmaking, and hypnotherapy.

Elaine has helped me to better define my poly terms and therefore my values even though her experience in the lifestyle is not nearly as long as my own. So has Matt, dear to me in his own way. May all of you benefit from the wisdom they share with you during this meeting!

I am glad Elaine and Matt are available to do our May meeting while Paul, Athena, Craig and I attend Oberon Zell's wedding to his Lady Rhiannon in Tennessee that weekend. I am handling the guestbook for the wedding. Oberon credits me with helping him make the list which helped him realize Rhiannon was the partner he had sought since his wife Morning Glory's passing (on May 13, 2014, after 35 years of joyous marriage). Oberon is the founder of Church of All Worlds, which Morning Glory helped him lead during their years together. She is the one who coined the word Polyamory in the 90s. See Bouquet of Lovers which appears with Oberon's permission in our book, *Fifty Years of Polyamory in America: A Guided Tour of a Growing Movement*.

Rhiannon is a Pagan community leader herself and Oberon's perfect match in so many ways. He proposed to her in a shower of fireworks on the 4<sup>th</sup> of July, 2023. They are being married May 17, 2024!

## CONGRATULATIONS TO OBERON AND RHIANNON ON THEIR UPCOMING WEDDING!

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**November 11, 2022 was the official launch date for *Fifty Years of Polyamory in America: A Guided Tour of a Growing Movement*, by Glen Olson and Terry Brussel-Rogers, published by Rowman and Littlefield.** It is a fascinating read, and is being used in academic research papers on the subject. Between them, Terry and Glen have experience with open marriage, group marriage, and group living, and both are part of an intimate network which has evolved from 1969 to present time.

*Fifty Years of Polyamory in America: A Guided Tour to a Growing Movement* is unique among the many books about polyamory because the scope of this book is the entire history of the polyamory movement, from Woodstock right on into the 21<sup>st</sup> century. The book is available on Amazon, Barnes and Noble, and many other places—even internationally! -- just by Googling its title.

The publishers are continuing to put this book in more and more universities and libraries! Students are starting to use material from it in Masters theses and Doctoral dissertations on Polyamory.

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## WHAT EXPERIENCES/BOOK REVIEWS, ETC. CAN YOU SHARE RELATING TO THE POLY LIFE STYLE?

We'd like to run it here or have you bring those questions to one of our 3<sup>rd</sup> Saturday events.

Please email to: Terry\_bg@msn.com

Or mail it to: 8515 Penfield Ave. Winnetka, CA 91306.

We will take any question with *your* solution or brain storm and give it one or more of our own. Let's have fun with this and learn from each other.

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## Meetups & Other Group Events

Check out [www.meetup.com/Loveopen](http://www.meetup.com/Loveopen); [www.meetup.com/loving-more](http://www.meetup.com/loving-more);  
[www.meetup.com/socal-polyamory/](http://www.meetup.com/socal-polyamory/)

[www.meetup.com/polycocktailslosangeles/](http://www.meetup.com/polycocktailslosangeles/) or [www.polycocktailslosangeles.com](http://www.polycocktailslosangeles.com)

Find many other SoCal poly groups (40+ groups in the Greater LA Area!) on Meetup!

The Southern California Naturist Association Meetup <http://www.meetup.com/nature-519>

This is the largest non-landed clothing optional club in California

### Other Poly info:

The Human Awareness Institute [www.hai.org](http://www.hai.org)

Other groups friendly to Polyamory

KARL HESS CLUB [www.karlhessclub.org](http://www.karlhessclub.org)

meets on the 3<sup>rd</sup> Monday at Dinah's Family Restaurant,

6521 Sepulveda Blvd. (at Centinela), Culver City. Phone: (310) 645-0456 West L.A.

Burning Man 2024 at BLACK ROCK CITY

For details [www.burningman.org](http://www.burningman.org)

Emma and Fin are “Normalizing Non-monogamy”

Link: Podcast Interviews in Swinging and Polyamory ([normalizingnonmonogamy.com](http://normalizingnonmonogamy.com))

Webcast with The Center for Positive Sexuality Monthly Educational Series -  
Center for Positive Sexuality

<https://positivesexuality.org/education/>



Poly family

**LTD DUES** ARE \$25.00 PER YEAR FOR ONE PERSON, \$40 FOR A COUPLE, \$10 EACH FOR ADDITIONAL PERSON(S) IN THE SAME HOUSE. DOUBLE THAT FOR FREE ATTENDANCE AT ALL REGULAR DAY TIME 3<sup>RD</sup> SATURDAY MEETINGS. TO BECOME A MEMBER OR TO RENEW YOUR MEMBERSHIP, PLEASE COMPLETE THE FOLLOWING FORM AND EITHER E-MAIL OR SNAIL MAIL IT TO THE ADDRESS LISTED BELOW. An E-Mail NEWSLETTER SUBSCRIPTION ONLY IS AVAILABLE FOR FREE. JUST BE SURE TO PROVIDE US WITH YOUR E-Mail ADDRESS. REGULAR MEETINGS ARE \$5.00 WITH YOUR CURRENTLY PAID MEMBERSHIP CARD (FAMILY SYNERGY OR LIVE THE DREAM) WITHOUT MEMBERSHIP MEETINGS ARE \$10.00.

	<b>Membership Type</b>	<b>Single</b>	<b>Couple/Family</b>
<input type="checkbox"/>	Full LTD Membership Includes Newsletter & Membership Card	\$25	\$40 (\$10 FOR EACH EXTRA PERSON AT SAME ADDRESS)
<input type="checkbox"/>	Email Newsletter Only	NO CHARGE	NO CHARGE

**Make checks payable to Success Center**      **Total: \$** \_\_\_\_\_

**Membership Information**      *Help Support the Lifestyle you live!*

**Name:** \_\_\_\_\_

**Age:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_

**State:** \_\_\_\_\_      **Zip:** \_\_\_\_\_

**Phone:** \_\_\_\_\_

**E-Mail:** \_\_\_\_\_

**Single**     **Married**     **Attached**     **Unattached**    **Amount Enclosed \$** \_\_\_\_\_

**Name(s) of Mate/Family to be included in this membership if APPLICABLE:**  
\_\_\_\_\_

**FAX OR Mail to: FAX#1-818-882-8512 – 8515 Penfield, Winnetka, CA 91306**

**I am willing to volunteer:**     **Time**     **Meeting Space**

**I could lead a meeting or activity, proposal enclosed**

**I am interested in**  **Science Fiction**  **Pagan**  **Libertarian**  \_\_\_\_\_ **Oriented Programs**

**I am interested in Co-operative Living:**     **Yes**  **No**

**I have space for others:**     **No**     **Yes (Location & Phone** \_\_\_\_\_ **)**

**I am willing to relocate**     **Yes**     **No**