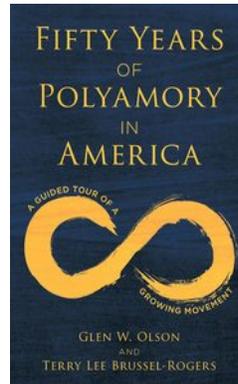


LIVE THE DREAM

8515 Penfield Ave

Winnetka, CA 91306

Founded in 1987 by Terry Brussel and Brian Gitt
Based on the philosophy of Family Synergy,
Founded 1971 by Hy Levy and Pat LaFollette



[Fifty Years of Polyamory in America: A Guided Tour of a Growing Movement](#), by Glen Olson and Terry Brussel-Rogers, is the **first definitive history of polyamory in America ever published**, is on sale at 10% off at the publisher.



www.livethedream.org

www.caw.org

UPCOMING EVENTS

Saturday, November 15, 2025: Live 11 – 4 pm PT Zoom: 11 am – 1 pm PT
Breaking Up Is Hard to Do – How to Keep Your Poly Relationship(s) Joyous!
---- Loscon 51, Thanksgiving Weekend at LAX Hilton ---

Saturday, December 20, 2025: Live 11 – 11 pm PT Zoom: 11 am – 1 pm PT
Poly SF Sampler: Robert A. Heinlein (Future History), Spider Robinson (Callahan's Place series) & S.M. Stirling's Emberverser series (aka Novels of the Change). Winter Solstice Ritual. Hannukah and Winter Holiday party.

Room with private bath available at Live the Dream's Group House in West San Fernando Valley. See info inside or call 818-886-0069.

Join our Zoom meetings <https://us02web.zoom.us/j/3175971626?pwd=Vl8d4Qk2FX1b80dmDS73AbvKSPPcr1.1>

Meeting ID: 317 597 1626 Passcode: Heinlein

Note: Our Meeting ID and Passcode remain unchanged, but Zoom has generated a new link. Please use the Meeting ID and Passcode if the link does not work.

Live the Dream

November-December 2025

Live the Dream is an education and support group for those who, originally inspired by the writings of Robert A. Heinlein, Robert Rimmer, Marion Zimmer Bradley, and Spider Robinson are now ready to LIVE such alternative lifestyles as cooperative living, open committed relationships, and group marriage. Many of our concepts on multiply committed relationships come from Heinlein's *Stranger in a Strange Land* and *The Moon is a Harsh Mistress*. Live the Dream is the oldest continuing Nest of Church of All Worlds, the real life, over fifty-year-old spiritual movement inspired by *Stranger in a Strange Land*.

Please visit the Live the Dream website at www.livethedream.org to view current events, past articles, etc. Terry Brussel-Rogers is a Certified Clinical Hypnotherapist, Life Coach, & a 4th-generation Matchmaker. We provide poly relationship counseling, hypnotic jealousy release, ways to attract and maintain loving relationship(s), success coaching, and other services. See www.acesuccess.com or call (800) LIFE MATES (543-3628).

EVENTS

All regular Live the Dream LIVE events 11am-4pm on 3rd Saturdays at 8515 Penfield Ave Winnetka, CA. 91306 (unless otherwise specified). Suggested donation for those attending events Live is \$10 for non-members, \$5 for members of Live the Dream. LTD paid members: Meeting \$5. If an evening party is listed, meeting and party both \$8 with potluck dish for both events, without potluck dishes \$12 donation suggested for both events. Non-members: \$15 with potluck dish for both events; without potluck contribution, \$20 suggested donation for both events.

Terry is the primary organizer of the Southern California Poly Meetup (www.meetup.com/socal-polyamory/). Its ongoing events include those in this Newsletter on 3rd Saturdays of each month 11 am - 4 pm PT + special celebrations and parties listed during the year.



Join our Zoom meetings <https://us02web.zoom.us/j/3175971626?pwd=Vl8d4Qk2FXIb80dmDS73AbvKSPPcr1.1>

Meeting ID: 317 597 1626 Passcode: Heinlein

Saturday, November 15, 2025: Live 11 – 4 pm PT Zoom: 11 am – 1 pm PT Breaking Up Is Hard to Do – How to Keep Your Poly Relationship(s) Joyous!

11 am to 1 pm PT	Poly discussion Live and on Zoom. Live only after that.
1 pm	Pot Luck lunch – bring something healthy and delicious to share.
2 pm to 3:00 pm	Afternoon activity: Exercises for developing intimacy -- empathic communication to enhance your love life and friendships. Clothing optional jacuzzi available.
3 pm to 4 pm	Socialize in the jacuzzi.

We will discuss ways to avoid a breakup or (perhaps) mend it.

Some breakups are permanent situations in which you will likely never see that person, couple or ? again. Unlikely in the poly community unless they live in another state. Perhaps not even then if you attend same science fiction conferences, poly conventions, Live the Dream meetings etc.

Some breakups involve seeing the other person or people frequently if you share children, grand kids, close friends/water kin and other personal or business connections.

***Poly relationships are less breakable if they bend.
A transition may be better than an end.***

See more in depth article below.

Loscon 51, Thanksgiving Weekend at LAX Hilton

Catch Glen Olson and Terry Brussel-Rogers, co-authors of *Fifty Years of Polyamory in America: A Guided Tour of a Growing Movement*, at Glen's fan table at various times throughout Loscon. See Glen's SF novels on display there!

Science Fiction Entry into Polyamory

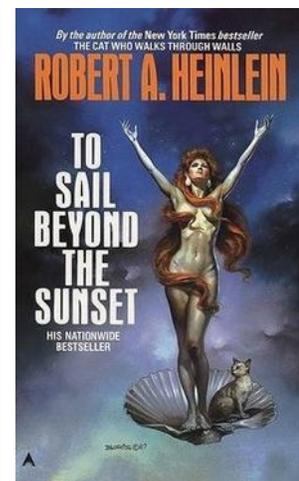
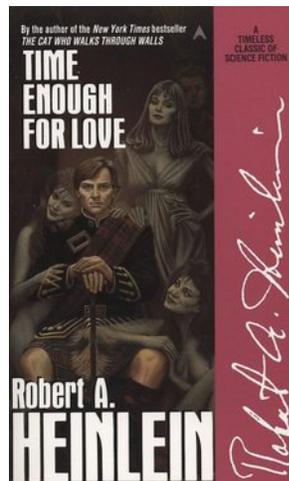
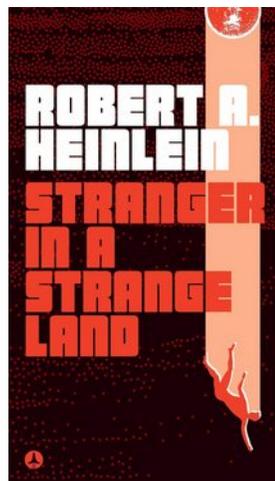
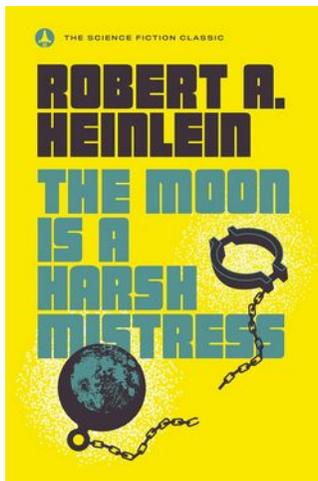
You are welcome to join us Sunday morning November 30, 2025, at 10 am for Poly Discussion over bagels, cream cheese and fruit in room _____ (TBD, call 818-388-5612 Friday, Saturday, or Sunday).

Were you inspired by the Line Marriage from *The Moon Is A Harsh Mistress*? Warmed by the Nest in *Stranger In A Strange Land*? Fascinated by the even more unusual group marriages/empathic groupings in Marion Zimmer Bradley's **Darkover Novels** or Spider Robinson's **Star Dance** and **Callahan** stories? Or have you been reading more current writers such as Ryk E. Spoor, Wen Spencer, or Todd McCaffery, or the even more specifically Poly writings of Todd's sister Gigi McCaffrey? All of these authors write Poly inclusive stories.

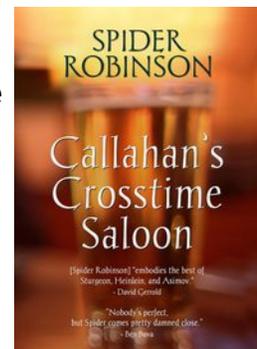
Dreams can come true... people like us do not exist only in SF books! Come meet some kindred spirits. We'll share our experiences in real triads, group houses, open marriages, etc. and help you figure out which alternative would help you **live your dream!**

Saturday, December 20, 2025: Live 11 – 11 pm PT Zoom: 11 am – 1 pm PT Poly SF Sampler: Robert A. Heinlein (Future History), Spider Robinson (Callahan's Place series) & S.M.Stirling's Emberverser series (aka Novels of the Change). Winter Solstice Ritual. Hannukah and Winter Holiday party.

Heinlein's stories offer us multigenerational group marriage in *The Moon is a Harsh Mistress*, everything from open marriage practiced by utterly committed couples to a group marriage spanning not only wide age ranges, but multiple alternate universes, in *Time Enough for Love*, *The Number of the Beast*, and *To Sail Beyond the Sunset*.

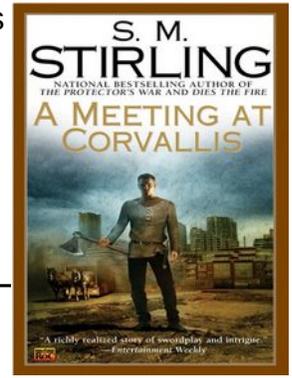


Spider Robinson's Callahan books give us open marriages practiced by sexual "Artists" along with what amounts to group living in a very inclusive Brothel engaged in high level diplomacy affecting history. The customers of *Callahan's Crosstime Saloon* form a group of people whose lives connect on MANY levels, affecting all relationships in their lives and ultimately leading them all into a trek cross country to the Florida Keys to continue their very intertwined lives Together.



Spider's *Stardance* novels offer group marriage in Space, spanning Time, and including Gay, bi and hetero members.

S. M. Stirling's Emberverse series (Novels of the Change) give us examples of group living in castles and forts as well as open fields, farms, and gardens, with a central Home serving meals and holiday feasts.



Both Spider's and Stirling's stories are based on Pagan and Medieval history, but differ due to being carried out by humans in our present time.

Fantasy or reality? What aspects of these do we want in our own lives & how can we create them? Let's talk about it!

6-11 pm: Pot Luck Dinner, Winter Solstice Ritual (by High Priestess Lilith) and LTD's Winter Holiday Party. Happy Hannukah! Good Yule!

(Crash space available by arrangement when you RSVP.)

Latkes (provided by Live the Dream, along with applesauce and sour cream), songs about the Maccabees, dreidels, lighted up Christmas miniature houses, and a Winter Solstice ritual. We'll light the Hanukkah Menorah (7th night as holiday starts December 14 this year)

Did we forget a ritual important to you? Tell us and we'll add it.

Bring stories/songs/poetry to share. Craig Brussel Rogers will provide live and recorded music of various holiday flavors (such as *Winter Wonderland*).

Bring your favorite holiday dish for pot luck supper—(big enough for 8 to share).

Bring wrapped science fiction, erotic (tasteful please!), fantasy or magikal gift (\$10-\$15) for a GIFT EXCHANGE if you want to participate in it.

Sharing our holidays is part of what weaves the bonds of Family in a group like ours. Understanding what is important to each of us during this festive season and how we celebrate it is a way to grow closer and delight in our diversity.

Clothing-optional Jacuzzi (with holiday music playing around it!) available all afternoon and evening—bring sandals and towels.



Room Available at Live the Dream's Group House near Northridge, CA.

ROOM with private FULL BATH, its own large closet, and bookcase for an *avid* reader
AVAILABLE IN GROUP HOUSE IN WEST SAN FERNANDO VALLEY – CALIFORNIA

\$1200 includes rent, utilities, and internet.

Optional: \$85 a week includes food + use of washer/dryer including laundry detergent, etc.

\$25 a week for use of washer/dryer including laundry detergent, etc., alone.

Home of Terry Lee Brussel-Rogers, (founder and organizer of Live the Dream) and her husband Craig Brussel Rogers + 1 other lady (a retired nurse with us since 2015) and 3 gentlemen, one of whom is a poly writer who was with us when we bought the house in 2003. Many of our concepts on relationships come from Robert Heinlein's *Stranger in a Strange Land* and *The Moon is a Harsh Mistress*.

Our home is a beautiful one in a nice neighborhood of the west San Fernando Valley. It has two fireplaces, a high-ceilinged grand living room, dining area, and big country kitchen. Washer and dryer available. We have a clothing-optional hot tub. We share good conversation, holidays, outings, special occasions, hugs... and household chores. Imagine coming home to a beautiful house, a well kept yard filled with flowers and trees. Space for a garden if you have a green thumb. The fire place may be lit if it is winter.

You come home to the smell of something delicious being cooked by one of your housemates. Or perhaps you are the housemate doing that cooking—that nurturing. You share a good dinner with whoever is at home tonight. Afterward, you might enjoy the massage chair, go to the privacy of your room, soak in the hot tub with good friends, join a lively discussion in the living room or cuddle by the fire. Sound good? MAKE YOUR FANTASY A REALITY... If you have an interest in living in a lovely home with warm, caring, like minded people,

Call (818) 886-0069 for more information.

BREAKING UP IS HARD TO DO – POLY STYLE

by Terry Brussel-Rogers, CCHt

Here are some ways to avoid breaking (or perhaps mend) a poly relationship experiencing emotional/connection challenges.

Some breakups are permanent situations in which you will likely never see that person, couple or ? again. This is unlikely in the poly community unless they live in another state; perhaps not even then, if you attend same science fiction conferences, poly conventions, Live the Dream meetings, etc.

Some breakups involve seeing the other person or people frequently if you share children, grandkids, close friends/water kin, and other personal or business connections. Certainly this is the case if you work closely in a business together, even if all communication is by phone or Zoom.

Some breakups are temporary while wounds are licked, to be tried again with some weeks or months of space in between either as friendships or romantic relationships. This is something all parties really need to discuss so they can figure out what is an option, what each person most desires, and what is not an option no matter how greatly desired by one or some of the people involved. Finding any of this out requires deep, honest discussion perhaps with some version of a talking stick and time limits involved.

Preferably this should be in person, but if this is not possible due to the distances emotional or physical involved, it can be done by Zoom or even on the phone, though the latter is less desirable. Do not put it off for a personal meeting if that is the case. Sooner is usually better and waiting can create even more tension around this much needed discussion.

Some of this may require a professional counselor. Be sure this person is poly or at least poly friendly and poly knowledgeable or you will be defeating yourself from the start. An answer of "Only monogamy can work" or even "Only monogamy is moral." will not help you if connected persons are lifetime polyamorists who would not even consider monogamy or who have tried it and know it does not work for them. It is probably best to have at least two sessions with a professional, and more if needed, to get the relationships involved worked through to a point of being able to carry on additional discussion without further professional assistance.

If you are the one or ones initiating a breakup, be sure to fully explain why you are doing it to give closure or at least something to work on for the person, couple or ? being broken up with. Even better, let out the most honest and complete warning signal with explanation that you can that this is coming and give the person or persons being broken up with a way to fix it if possible. Included here are "I can't deal with separate dating or lovemaking. Please do these things together instead." Or the reverse, "It must be separate." Or, "We can't spend more than three days and nights together without me being uncomfortable." Or, "I must be able to have my own closet space during a visit." "I must be told all that is going on between you and my husband/wife." Or, "Do not talk about your love making to me."

Own what you say, especially regarding the breakup itself, or let the others involved know that you are doing this for your partner out of loyalty in a primary relationship or whatever the reason. Honesty and full disclosure are owed in any romantic relationship or even a long term friendship. This is also true if you call the relationship Family by Choice. In the case of Water Kin it is a commitment you made in such a Sharing to begin with.

If you are the one being broken up with LISTEN CAREFULLY. Hear all that is said to you and react in the most effective way you can early enough in the situation to prevent a break up.

Here are some ideas of things which can work to prevent a breakup in challenged relationships, mend one that has broken up, or move on to caring friendship even without the previous romantic involvement. Some of these would be most helpful when done before there is a serious challenge, while things appear to be going well. Don't watch a TV show or go to a movie because some of this is uncomfortable or even tedious for those of us who have done it many times. It may save all of you a great deal of pain later if you do it now.

Find out what each person involved actually wants as an end result, whether others will support them in this or not, so you know what you are actually dealing with. Agree in advance that this will be as honest as you can possibly make it without sparing the feelings of anyone hearing it. That last may require private conversations between each of the participants with each other participant.

Be sure everyone states what boundaries are important to them. It may be words used in introducing them. It may be important that love making is always in the same bed with their partner or that it is not. If one or both members of a couple need to be told in advance (and agree to it) if a date could mean being out of the house overnight, be sure all involved are aware of that. If separate dating is not OK at all, that must be discussed.

Find out how much of what each person wants is acceptable and worth striving for from each other person is the group.

Exercises

What I want from you is _____ and what I want to give you is _____ . This can be answered by each person being addressed with all the honesty they can give it before going on to their own turn.

Hot seat: each person is asked as many questions as they are willing to answer (or limit of one to three by each participant, etc) by others in the group, again to be as answered honestly as possible or not answering rather than telling a polite lie.

I have been holding something back from you. It is _____

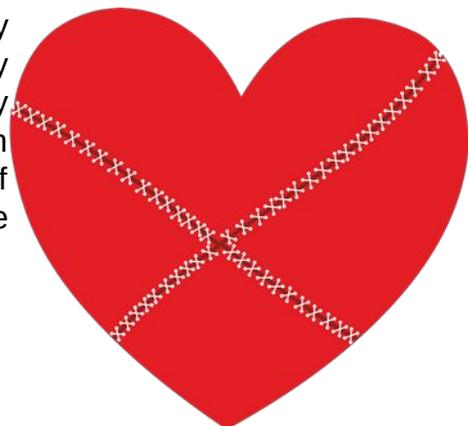
Have you been holding something back from me? (if yes) What is it and what do you want me to do about it if anything?

There are MANY sensitivity and Mark Group type exercises available. Explore what would be most useful for your particular situation.

At the end of such a session, each person should be given the opportunity to ask for anything else they need to feel complete with this experience. If they ask for a hug or something, whoever they request it from has the option of saying no or giving it wholeheartedly.

If a breakup (or transition to non sexual relationship) is unavoidable, I have always ended with a Thank You letter listing all that the partner(s) involved has given to me that I will cherish in the future. If appropriate, this also includes an apology, in detail, for what I have done or failed to do which has caused this breakup. Sometimes such a letter can head off the breakup. Even if it does not, it is something you may want to give for all the joy the relationship has brought you, and will help you have a feeling of closure even if the others involved do not respond in the way you most hope for.

If you need some help to navigate rough waters in your poly relationship or just to bring more **joy** into it call Terry Brussel-Rogers at 800-LifeMates (800-543-3628). Terry has been doing this kind of coaching since 1969 and won the Lifestyle Award for Contributing to the Knowledge of Human Sexuality in 1988. She has learned a lot more since then...





Fifty Years of Polyamory in America: A Guided Tour of a Growing Movement, by Glen Olson and Terry Brussel-Rogers, published by Rowman and Littlefield on November 11, 2022, is the **first definitive history of polyamory in America ever published**. It is a fascinating read. The publishers are continuing to put this book in more and more universities and libraries! Students are using material from it in Masters theses and Doctoral dissertations on Polyamory.

Fifty Years of Polyamory in America: A Guided Tour to a Growing Movement is unique among the many books about polyamory because the scope of this book is the entire history of the polyamory movement, from Woodstock right on into the 21st century. The book is available at on Amazon, Barnes and Noble, and many other places—even internationally!-- just by Googling its title.

Between them, Terry and Glen have experience with open marriage, group marriage, and group living, and both are part of an intimate network which has evolved from 1969 to present time.

WHAT EXPERIENCES/BOOK REVIEWS, ETC. CAN YOU SHARE RELATING TO THE POLY LIFE STYLE?

We'd like to run it here or have you bring those questions to one of our 3rd Saturday events.

Please email to: Terry_bg@msn.com

Or mail it to: 8515 Penfield Ave. Winnetka, CA 91306.

We will take any question with *your* solution or brain storm and give it one or more of our own.

Let's have fun with this and learn from each other.

Meetups & Other Group Events

Check out www.meetup.com/Loveopen; www.meetup.com/loving-more;
www.meetup.com/socal-polyamory/

The Southern California Naturist Association Meetup <http://www.meetup.com/nature-519>

This is the largest non-landed clothing-optional club in California.

Other Poly info:

The Human Awareness Institute www.hai.org

Emma and Fin are "Normalizing Non-monogamy"

Link: Podcast Interviews in Swinging and Polyamory

(normalizingnonmonogamy.com)

Webcast with The Center for Positive Sexuality Monthly Educational Series -
Center for Positive Sexuality

<https://positivesexuality.org/education/>

LTD DUES ARE \$25.00 PER YEAR FOR ONE PERSON, \$40 FOR A COUPLE, \$10 EACH FOR ADDITIONAL PERSON(S) IN THE SAME HOUSE. DOUBLE THAT FOR FREE ATTENDANCE AT ALL REGULAR DAY TIME 3RD SATURDAY MEETINGS. TO BECOME A MEMBER OR TO RENEW YOUR MEMBERSHIP, PLEASE COMPLETE THE FOLLOWING FORM AND EITHER E-MAIL OR SNAIL MAIL IT TO THE ADDRESS LISTED BELOW. An E-Mail NEWSLETTER SUBSCRIPTION ONLY IS AVAILABLE FOR FREE. JUST BE SURE TO PROVIDE US WITH YOUR E-Mail ADDRESS. REGULAR MEETINGS ARE \$5.00 WITH YOUR CURRENTLY PAID MEMBERSHIP CARD (FAMILY SYNERGY OR LIVE THE DREAM) WITHOUT MEMBERSHIP MEETINGS ARE \$10.00.

Membership Type	Single	Couple/Family
Full LTD Membership Includes Newsletter & Membership Card	\$25	\$40 (\$10 FOR EACH EXTRA PERSON AT SAME ADDRESS)
Email Newsletter Only	NO CHARGE	NO CHARGE

Make checks payable to Success Center Total: \$ _____

Membership Information *Help Support the Lifestyle you live!*

Name: _____

Age: _____

Address: _____

City: _____

State: _____ **Zip:** _____

Phone: _____

E-Mail: _____

Single Married Attached Unattached Amount Enclosed \$ _____

Name(s) of Mate/Family to be included in this membership if APPLICABLE:

Mail to: Live the Dream, 8515 Penfield Ave, Winnetka, CA 91306

I am willing to volunteer: Time Meeting Space

I could lead a meeting or activity, proposal enclosed

I am interested in Science Fiction Pagan Libertarian _____ Oriented Programs

I am interested in Co-operative Living: Yes No

**I have space for others: No Yes (Location & Phone
_____)**

I am willing to relocate Yes No