# LIVE THE DREAM

8515 Penfield Ave
Winnetka, CA 91306
Founded in 1987 by Terry Brassel and Brian Gitt
Based on the philosophy of Family Synergy,
Founded 1971 by Hy Levy and Pat LaFollette



www.livethedream.org



www.caw.org

### **UPCOMING EVENTS**

Saturday August 19, 2023 11 am-4pm PST Zoom 11-1 PST How to Court Potential Love Partners for Group Marriage & Group Living.

No Meeting September 16 due to Rosh Hashanah L'Shanna Tova & Happy Jewish New Year to All!

Saturday October 21 11-4 (available on Zoom 11-1, LIVE only after that)
See Polyamory Past, Present & Future Through the Eyes of Those Who Created
It!

Special Speaker:&Tour Guide: Glen Olson, Terry's coauthor of Fifty Years of Polyamory in America: A Guided Tour to a Growing Movement.

Join Zoom meeting

https://us02web.zoom.us/j/3175971626?pwd=NWVjU3A2M0I2Q29IUkI4L1lMRzd2QT09 Meeting ID: 317 597 1626 Passcode: Heinlein Live the Dream is an education and support group for those who, originally inspired by the writings of Robert Heinlein, Robert Rimmer, and Marion Zimmer Bradley, are now ready to LIVE such alternative lifestyles as cooperative living, open relationships, and group marriage. Many of our concepts on multiply committed relationships come from Heinlein's *Stranger in a Strange Land* and *Moon is a Harsh Mistress*. Live the Dream also sponsors a nest of Church of All Worlds, the real life, over fifty-year-old spiritual movement inspired by *Stranger in a Strange Land*.

Please visit the Live the Dream website at <a href="www.livethedream.org">www.livethedream.org</a> to view current events, past articles, etc. Terry Brussel-Rogers is a Certified Clinical Hypnotherapist, Life Coach, & a 4th generation Matchmaker. We provide poly relationship counseling, hypnotic jealousy release, success coaching and other services. See <a href="www.acesuccess.com">www.acesuccess.com</a> or call (800) LIFE MATES (543-3628).

Terry is now the primary organizer of the Southern California Poly Meet Up (<a href="www.meetup.com/socal-polyamory/">www.meetup.com/socal-polyamory/</a>). Its ongoing events include those in this Newsletter on 3<sup>rd</sup> Saturdays 11 am - 4 pm PST + special listed events during the year & the ones given first Saturdays of each month 5:30 to 8:30 pm at Pitfire Pizza 5211Lankershim Blvd. NoHo, Co led by Brad &Jim Call 626-818-8021 for more info.

### **EVENTS**

All regular Live the Dream LIVE events 11am-4pm on 3rd Saturdays at 8515 Penfield Ave Winnetka, Ca. 91306 (unless otherwise specified). Suggested donation for those attending events Live is \$10 for non-members, \$5 for members of Live the Dream. RSVP/more info call the LTD Hotline (818) 886-0069 or Visit LiveTheDream.org

## Saturday August 19, 2023 How to Court Potential Love Partners for Group Marriage and/or Group Living.

We will use *Courtship Rite* by Donald Kingsbury as inspiration for this poly discussion., though you don't need to read it to participate. It is a story about a society in which group marriage is the norm, but political difficulties and dangerous adventure ensue when a group breaks tradition by adding a seventh to their group marriage in addition to the societally acceptable six. Nonconformity wins out and a great deal of wisdom on day-to-day life in such a group is to be gleaned. We will also discuss "courtship rites "necessary to putting together a group marriage or group house in THIS society based on Terry's experience as a 4th generation matchmaker (making poly matches as well as monogamous ones since 1969) while doing professional hypnotherapy and poly relationship coaching. Real life case histories and research provide even more food for thought.

1 pm Pot Luck Lunch Bring something healthy and delicious to share 2-4 Socializing in the clothing optional hot tub.

No Meeting September 16 due to Rosh Hashanah L'Shanna Tova & Happy Jewish New Year to All!



# Saturday October 21 11-4 (available on Zoom 11-1, LIVE only after that) See Polyamory Past, Present & Future Through the Eyes of Those Who Created It!

**Special Guest Speaker & Tour Guide Glen Olson**, Terry's coauthor of *Fifty Years of Polyamory in America: A Guided Tour to a Growing Movement*. What if you could see Polyamory through the eyes of those who created it? Ask the founders of such groups as Family Synergy, Church of All Worlds, Loving More and World Poly why they did what they did, what worked, what did not and what that means for the way we live this lifestyle in the *NOW*? Glen and Terry did this to write their book and in the many years they lived this lifestyle before that book was even conceived.

The book we are planning NEXT will contain in depth interviews with Poly Education and Support Group leaders all over the country which have met regularly for at least 10 years and are Still Meeting at least some of the time in person rather than only on the internet—ones we did not get to in our first book. Perhaps the group which would best suit your desires will be in that book. What kind of kindred spirits are YOU looking for? Your suggestions are appreciated and will affect what is ultimately in the new book.

1 pm Pot Luck Lunch Bring something healthy and delicious to share

2-5:30 Socializing in the clothing optional hot tub followed by the

## All Hallows Eve Ritual/Halloween Party Evening event starts at 6 pm

<u>For the evening Pot Luck</u>: Live the Dream supplies breads, spreads and hot apple cider. You bring your favorite Halloween themed dish big enough for 10 (last name begins with:)

A-F Meat, cheese, nut, fish or other delicious protein dish

G-M Juices or fresh fruit

N-R Salads

S-Z Desserts and treats.

ALL HALLOWS EVE RITUAL 7:30 with High Priestess Elswyth assisted by Terry & Craig. HALLOWEEN PARTY 8:30-MIDNIGHT. If YOU have something you want to present in the way of a skit or song for the holiday, please let us know so we can plan on it by calling 818-886-0069.

We may close with the Rocky Horror Picture Show on our Big screen TV -IT'S TRADITION! Or, if the group prefers, HG Wells Time Machine (the original one) is another possibility.

#### Courting Poly Love Partners—Real World, 2023 and Beyond

As a 4<sup>th</sup> generation matchmaker who ran Marriage Minded Introductions for 40 years along with my Hypnotherapy and Relationship/Business Coaching practice (since 1969 and still active today), I have had plenty of opportunity to find out what works and what does not in courting for both monogamous and poly relationships. My book *Matchmaker's Corner: Choosing, Finding and Attracting Your LifeMate* with its poly supplement for our own community deals specifically with this.

Strategy for Finding Your Right One(s) Excerpts from Matchmaker's Corner:

Develop a specific written strategy to be used in the weeks or months ahead for finding your Right One. If you are poly, this strategy may continue to be updated any time you are considering adding a new love. This could include such things as reserving one evening during the week and a weekend evening for dating or looking for someone to date. It must include doing whatever research is necessary to make sure this time is used as intended.

My best recommendation for those of you who are comfortable on the internet (best become comfortable there if you are not already) to use the internet dating sites for their extensive data bases—sometimes in the millions. Having used them successfully myself to establish long term relationships and helped many of my hypnosis and coaching clients to find everything from a date to a marriage, I have learned plenty about the ins and outs of using them effectively. Each site is different. I believe OK Cupid. it is the best one out there. [Note from my 2023 perspective: There are matchmaking sites specifically for those who are poly. The ones I have seen do not offer anything close to the number of potential matches available on OK Cupid, even if you only count those who are Poly, more research may turn up ones I have not seen.] For those who are poly, a big advantage to this site is that it lets you list as Polyamorous and has questions which apply directly to our lifestyle.

The first assignment I give my clients these days is to answer 500 questions on Ok Cupid. Sound daunting? Maybe, but I have personally answered 2000 and have clients who have gotten up to 4000. It kind of becomes a hobby and can be a great way to get to know yourself better as well as fully defining what you are looking for in a match. Some of the questions are silly or do not have an answer you are comfortable with—skip those. The percentages are more meaningful the more questions you and your perspective match have answered. Most people on OK Cupid (myself included) will not even talk to you unless you have answered at least 500 questions. Not only does this make the percentages more meaningful, but most of us feel that if a person doesn't think it is worth their time to answer that many questions, they probably are not that serious about finding a relationship either. If they do find one, how much time will they have for it? Etc. Perhaps we 1000+ question answerers are just snobs, but I don't think so. Other sites have fewer questions. I believe most of them can't come near Ok Cupid for making a good match. A 90% match on 20 questions such as match.com did at one time, is not even on the same level of usefulness at all. Using OK Cupid, I won't even consider dating anyone with lower than a 90% match percentage on ok Cupid. 95% is better. At 60 (at this writing in 2013) and very choosy, I have more dates when I want them than I have time for. One way I do that is by sending out at least five E-mails a day to potential matches—more if I have time. I make this a bit easier by keeping careful notes on what I want to say to someone who I share certain interests with, the same religion, someone who may know me from the science fiction or personal growth community, etc., someone who lives close or not, etc.

Note: "We are both Poly. An excellent start." could be the opening to any of these other approaches. If you are married or in a committed relationship of any kind, that should be said here, too, with perhaps a bit about your partner which your perspective match could relate to.

#### Examples

- 1. Atlas Shrugged is your first favorite book listed--one of the most important books I have ever read and am now reading again. I have conducted many workshops on the philosophy of this book. 1984 is depressing, though could be considered an important warning. All sorts of other SF are strong interests as well, though the more upbeat Star Trek look at the future brings me more joy.
- 2. I have sun in Gemini, moon in Leo. Leo's have always had a particular attraction for me. that is what convinced me in my early 20s that astrology could be real when calculated by an expert.
- 3. Interests we share:
- a. We both love to read, bicycle and COMMUNICATE.
- b. Music and meditation...Are interests we share.
- c. We both enjoy bikes, motorcycles, the ocean and the out-of-doors.
- d. We are both creative people— I write books, create guided meditation scripts and CDs, and have a comprehensive system of hypnotherapy and coaching being used by healing professionals throughout the US and Canada.
- 4. I see you are in the healing profession. So am I. Perhaps we have other things in common
- 5. We are both Jewish, own our own businesses, and are Looking for a long-term relationship. We live close to each other. Would you like to connect?

  You get the idea.

Here are some hints about how to answer the questions—mostly geared towards Ok Cupid, but some of it applies to the other sites as well. Be sure that you give yourself as broad a base of possibles as you can by eliminating only those answers for what you want in a match that you would find unacceptable or a turn off. You can go back and re-answer the questions with narrower limits if you get too many possibles at 90% plus. Be as specific as you can about your own answers—a bunch of wishy washy "I don't knows" will turn off potential matches who want to know who you really are. A bit about what it takes to get to the talking stage. I was amazed to discover that an offer of my phone number or a request for theirs after too few texts was regarded as an indecent suggestion. I have bowed to this prejudice to the extent of 3 E-mails each back and forth. If we aren't ready to talk by then, I move on to the next possible match. I am not looking for pen pals.

Be sure that if you give your phone number to someone you have been texting this way that you keep some kind of notes on who they are with you so you do not sound like you have too many matches to keep track of. Once you give them your cell number, they could call at any time—keep those notes with you, but be unobtrusive about checking them. Let your match think they were right at the top of your mind whether you have given your number to others or not.

Your full notes kept on your computer can include any part of your match's profile you feel is important including anything from pictures to actual answers to questions with explanations. Essays or parts of them may be worth keeping, too. Their answers to your questions can be noted. Notes on any actual dates may be useful. Those notes could be helpful to you months or years into the relationship—Keep them. I use a color code for ended relationships (might be able to learn from those), still dating, became a friend, long term dating, and live in or hopefully permanent relationship(s). I always keep the score sheet on my computer from any interviews I do to score a date, potential date or relationship. I use those notes to sharpen and add to this important tool as well as to determine things affecting that particular relationship.

Since I am polyamorous, I keep all this longer than might a monogamous person.

The quickest way to eliminate matches which won't work out is to check their unacceptable answers. If these don't stop you, the next step is to look at their answers in categories such as ethics, finance and life style—whatever is important to you. I use my list of what is Essential, what Would Be nice, and what is an Absolutely Not for a love partner before actually meeting anyone. Then interview your prospective match. If he does not want to take the time to do that or feels offended by the request, he just voted himself off the island for me. He does not respect my time and his own enough to avoid a date going nowhere or worse a relationship which will be not only waste our time, but possibly lead to heart break for one or both of us. Do give your prospective match the chance to ask a question of his own for every one you ask. Make it a fun game rather than a grilling.

Once you have talked and done that interview, it is time to make a date. Best for the man to ask, but the lady can do it if he does not. As a man asking for a date, you might say "I have enjoyed our time talking together and would like to move to the next step. Would you like to meet for lunch or dinner? What kind of food do you like? Is there a special restaurant near you where you would like to go? Shall I pick you up at your home or meet you there? Or (probably better) I see in your profile that you like Chinese food—shall we go to a Chinese restaurant for lunch or would you prefer dinner?

In sales this is called an assumptive close. The lady can use it, too. It is up to her to invite him to pick her up at home or meet in a public place—whatever she is comfortable with. Since he is likely to be paying, she should ask what kind of place he would be comfortable going to. If you are looking for a man who is financially comfortable, the kind of place he picks may give you some idea of that. Or he may be financially comfortable partially because he takes care of his money. Offering a coupon from a place you really like may impress him while getting you what you want, too.

Either of you might also say "I see from your profile you like to ride bikes. How about a ride on the beach this Saturday or Sunday? I'll make a picnic! What kind of food would delight you? This is a somewhat unusual offer for a man to make and may well impress his prospective date or at least intrigue her...

There is a lot more in my book *Matchmaker's Corner: Choosing, Finding & Attracting Your Life Mate* including how to find matches in the offline world and to keep them in your life if that is your desire. You can get it on my web store at acesuccess.com or call 800-Life Mate(s) 543-3628. If you call, do ask for the Poly Supplement (it will be sent free of charge with purchase of the book).

There are many ways to build the connections YOU desire. Start now to make it happen. Think you can't do it—that all this does not apply to you? Call me at 800 Life Mates (543-3628) and mention this article. I will give you a 15-minute free private consultation on how to create the love and friendships you desire.



November 11, 2022 was the official launch date for Fifty Years of Polyamory in America: A Guided Tour of a Growing Movement by Glen Olson and Terry Brussel-Rogers published by Rowman and Littlefield. It is being used in research papers on polyamory as well as being a fascinating read. Between them, Terry and Glen have experience with open marriage, group marriage, group living and both are part of an intimate network which has evolved from 1969 to present time. Fifty Years of Polyamory in America: A Guided Tour to a Growing Movement is unique among the many books about polyamory because the scope of this book is the entire history of the polyamory movement from Woodstock right on into the 21st century. The book is available on Amazon, Barnes and Noble, and many other places—even

international-- just by Googling its title.

The publishers are continuing to put this book in more and more universities and libraries!

#### WHAT EXPERIENCES/BOOK REVIEWS, ETC. CAN YOU SHARE RELATING TO THE POLY LIFE STYLE?

We'd like to run it here or have you bring those questions to one of our 3<sup>rd</sup> Saturday events.

Please E-Mail to: <a href="mail.livethedream.org">newsletter@mail.livethedream.org</a>

Or mail it to 8515 Penfield Ave. Winnetka, Ca. 91306.

We will take any question with *your* solution or brain storm and give it one or more of our own. Let's have fun with this and learn from each other.

#### **Meet Ups & Other Group Events**

Check out <a href="https://www.meetup.com/Loveopen;www.meetup.com/loving-more;www.meetup.com/socal-polyamory/">www.meetup.com/Loveopen;www.meetup.com/loving-more;www.meetup.com/loving-more;www.meetup.com/loving-more;

<u>www.meetup.com/polycocktailslosangeles/</u> or <u>www.polycocktailslosangeles.com</u> Find many other SoCal poly groups (40+ groups in the Greater LA Area!) on Meetup!

The Southern California Naturist Association Meetup <a href="http://www.meetup.com/nature-519">http://www.meetup.com/nature-519</a>
This is the largest non-landed clothing optional club in California

#### Other Poly info:

The Human Awareness Institute <a href="https://www.hai.org">www.hai.org</a>

Other groups friendly to Polyamory
KARL HESS CLUB www.karlhessclub.org
meets on the 3rd Monday at Dinah's Family Restaurant,
6521 Sepulveda Blvd. (at Centinela), Culver City. Phone: (310) 645-0456 West L.A.

Burning Man 2023 at BLACK ROCK CITY 2023 Aug. 27-Sept. 4 For details www.burningman.org

Emma and Fin, are "Normalizing Non-monogamy"

Link: Podcast Interviews in Swinging and Polyamory (normalizingnonmonogamy.com)

Webcast with The Center for Positive Sexuality Monthly Educational Series - Center for Positive Sexuality

https://positivesexuality.org/education/



**LTD dues** are \$25.00 per year for one person, \$40 for a couple, \$10 each for additional person(s) in the same house. Double that for free attendance at all regular daytime 3rd Saturday meetings.

To become a member or to renew your membership, please complete the following form and either email or snail mail it to the address listed below.

An e-mail newsletter subscription only is available for free. Just be sure to provide us with your e-mail address. Regular meetings are \$5.00 with your current paid membership card (family synergy or live the dream] without membership meetings are \$10.00.

	Membership Type	Single	Couple/Family
	Full LTD Membership, <i>Includes</i> Newsletter & Membership Card	\$25	\$40 (\$10 for each extra person at the same address)
	Email Newsletter Only	NO CHARGE	NO CHARGE
	Make checks payable to Succe	ss Center	Total: \$
Membership Information Help Support the Lifestyle you live!			
Nam	e:		Age:
Address:			
City: State: Zip:			
Phone: E-Mail:			
□Single □Married □Attached □Unattached Amount Enclosed: \$			mount Enclosed: \$
Name(s) of Mate/Family to be included in this membership if APPLICABLE:			
Fax to 1-818-882-8512			
Mail to 8515 Penfield, Winnetka, CA 91306			
□ I am willing to volunteer: □ Time □ Meeting Space			
□ I am interested in: □ Science Fiction □ Pagan □ Libertarian □oriented programs.			
□ I could lead a meeting or activity (proposal enclosed)			
□ I am interested in Co-operative Living □ No □ Yes  I have space for others □ No □ Yes (Location & Phone)			
I am willing to relocate □ No □ Yes			